

EMERGENCY PSYCHIATRIC SERVICES IN HARRIS COUNTY

Mental Health Mental Retardation (MHMRA) Crisis Facility

NeuroPsychiatric Center (NPC)

1502 Taub Loop (next to Ben Taub hospital; across from the North MacGregor Way entrance of the zoo)

Houston, TX 77030

713-970-7070 (Helpline)

http://www.mhmraharris.org/npc_intro.asp

NPC is open 24 hrs. a day, 365 days a year. You can just walk in; there are no appointments. You will be able to get assistance even if you do not have resources. You should let the staff at NPC know how serious your situation is. Make sure you let them know you want to see a doctor/psychiatrist.

If you don't have transportation, and you are in crisis, you can contact the **NPC Mobile Crisis Outreach Team (713- 970-7520)**. NPC can also discuss on-going care with you.

If you do not live in Harris County, please let us know and we can refer you to similar crisis facilities in other counties.

NON-EMERGENCY PSYCHIATRIC SERVICES

Baylor Psychiatry Clinic

6655 Travis

713-798-4857

<http://www.bcm.edu/>

This clinic has psychiatric residents who can assess and provide psychiatric treatment. The first visit is \$100, and the costs of additional appointments are: \$75 for med checks and \$50 to \$100 (negotiated with therapist) for therapy.

Mental Health Mental Retardation Authority (MHMRA)

(713) 790-7070

<http://www.mhmraharris.org/>

This is the mental health service provider of the State of Texas, Harris County. All applicants for services are referred to their Eligibility Center to assess their need and financial circumstances

Harris County Hospital District

(713) 526-4243

<http://www.hchdonline.com/>

This is the county hospital system providing medical services including mental health services. A prerequisite for low cost medical services provided by the county is the **Gold Card** program, (713) 643-3691, which provides financial assistance for county medical services.

24-HOUR TELEPHONE SUPPORT AND REFERRALS

Crisis Intervention

1 (800) SUICIDE

(713) HOTLINE

Telephones are answered 24-hours a day.

<http://www.crisishotline.org/>

COUNSELING AGENCIES that offer counseling services on a low-end, sliding-fee scale which means payment is based upon income and number of people in the household or other factors:

Catholic Charities

2900 Louisiana

Houston, TX 77006

713-526-4611

<http://www.catholiccharities.org/>

Family Services of Greater Houston

Numerous locations- they can tell you which location is nearest to you

713-861-4849

<http://www.familyservices.org/>

Asian American Family Counseling Center

6220 Westpark, Suite 228

Houston, TX 77057

713-339-3688

<http://www.aafstexas.org/>

Jewish Family Services

4131 South Braeswood

Houston, TX 77025

713-667-9336

<http://www.jfshouston.org/>

Community Family Centers

7524 Avenue E

Houston, TX 77012

713-923-2316

<http://www.communityfamilycenters.org/>

SUPPORT GROUPS

National Alliance for the Mentally Ill (NAMI)

NAMI Metropolitan Houston

281-970-4419

Support group for friends, family members and consumers, classes, and assistance with referrals.

www.nami.org

Depression and Bipolar Support Alliance

Formally (DMDA)

713) 600-1131

Please leave a message and someone will return your call with information on their support groups.

<http://www.dbsahouston.org/>

Please call Mental Health America of Greater Houston on our Information and Referral line at (713) 522-5161 if you need literature or other resources.