NOTE to STUDENTS: If you need any accommodations related to attending/enrolling in this course, please contact one of the Graduate School's 504 Coordinators, Cheryl Spitzenberger or Natalie Sirisaengtaksin. We ask that you notify GSBS in advance (preferably at least 3 days before the start of the semester) so we can make appropriate arrangements.

Term and Year: Spring 2023 Program Required Course: No

Course Number and Course Title: Approval Code: No **GS21 1191: Effective Career Planning** 

(If yes, the Course Director or the Course Designee will **Credit Hours: 1** 

provide the approval code.)

**Meeting Location: In-Person** Audit Permitted: No

Building/Room#: BSRB S3.8351 Gallick Classroom Classes Begin: January 23. 2023

Classes End: March 27, 2023

Final Exam Week: No exam

**Class Meeting Schedule** 

Day	Time	
Monday	3:00 – 5:00 p.m.	

#### **Course Director**

Name and Degree: Raquel Salinas, PhD

**Title: Director of Student Affairs and Career** 

Development

Department: GSBS

Institution: UTH

Email Address: <a href="mailto:raquel.y.salinas@uth.tmc.edu">raquel.y.salinas@uth.tmc.edu</a>

Contact Number: 713.500.9860

**NOTE:** Office hours are available by request. Please email

me to arrange a time to meet.

### **Course Description:**

This interactive and discussion-based course teaches career planning through a lens of personal and professional leadership. We explore modern leadership concepts and apply them to career planning to best equip course participants with the information, resources, confidence, and self-awareness necessary to find success in career inside and beyond academia. Course activities include self-assessment exercises, career and leadership related discussions, informational interviewing/networking, and other activities to increase students' leadership skills. The course culminates with a "Leadership Development Plan" presentation where each student presents their career vision and their short-and long-term career goals. This course is open to all GSBS students, but highly recommended for postcandidacy PhD students and MS students in their final year of study.

# **Course Objective/s:**

Upon successful completion of this course, students will....

- 1. Understand modern leadership skills and be able to apply them to their careers and beyond
- 2. Create a vision for their career by exploring available paths inside and outside of academia; articulate short-and long-term career goals
- 3. Know how to conduct a successful job search with targeted application materials (CV, resume, and cover letters), and effectively interview and negotiate.

### Student responsibilities and expectations:

Students enrolled in this course will be expected to perform the following activities each week.

- 1. Attend and contribute to course discussions during each session
- 2. Complete pre-work for each session (short assignments and reflection questions)
- 3. Conduct 2 informational interviews with life science professionals
- 4. Present a Leadership Development Plan

Grading System: Pass/Fail

**Student Assessment and Grading Criteria**: (May include the following:)

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Percentage	Description	
Homework and assignments (30%)		
Final Exam (30 %)	Leadership Development Plan	
Participation and/or Attendance (40%)		

## **Course Schedule-Spring 2023**

Week	Veek Date Lecture Topic		Lecturer/s
1	January 23	Course introduction: Applying leadership skills to your career planning	Raquel Salinas
2	January 30	Know thyself: Identifying your strengths and articulating your unique selling points	Raquel Salinas
3	February 6	Career Success: How to proactively use informational interviews and networking for career advancement	Raquel Salinas
4	February 13	Know thyself: Identifying and communicating your career goals inside or beyond academia	Career Guest (TBD)
5	February 20	Leadership: Understanding your own personal leadership style	Career Guest (TBD)
6	February 27	Leadership: Effective communication and strategies for leading others	Raquel Salinas
7	7 March 6 Career success: Preparing targeted application materials		Raquel Salinas
	March 13	Spring Break (No Class)	
8	March 20	Career success: Interviewing and negotiating like a professional	Career Guest (TBD)
9	March 27	"Leadership Development Plan" presentations	Course participants

**NOTE:** Other guest lecturers may be invited.