

Individual Organizations	Description	Person to Contact	Website	Commitment?	Other
Organise supplies					
Project Cure	Sort/package medical supplies for underserved areas!		https://projectcure.org/volunteer	Single-shift commitment	EASY
RSVP Warehouse	Redistribute/ organize medical equipment for people with physical disabilities	info@rsvptexas.org	https://rsvptexas.org/get-involved/	No commitment! You can stay as little/ long as you like	Second Saturday of every month from 8-1 ish
Teachers Aid Assistance	Volunteers will organize school supplies and assist in the shop while teachers shop for school supplies for their low income students.		https://www.houstonfoodbank.org/ways-to-give/give-time/offsite-volunteering/	Could be ongoing or not	Weekday & Weekend Shifts
Outdoors					
McGovern Centennial Gardens	Become a horticulture ambassador/ help garden	kwolfe@hermannpark.org or call 713-524-5876, ext. 357.	https://www.hermannpark.org/volunteering-opportunities/	Single Day Commitment	Wednesdays from 9 a.m.-12 p.m. or Saturdays from 9 a.m.-12 p.m.
Plant it Forward	Urban farming alongside refugees		http://plant-it-forward.org/volunteer-information/	Could be ongoing or not	Willing to do a day of service!!
Jesse Jones Parks	Various opportunities at beautiful nature park		https://www.hcp4.net/Community/Parks/Jones/Volunteers	Could be ongoing or not	
Westbury Community Garden	Various gardening, building and maintenance projects		http://westburycommunitygarden.org/volunteer/	Could be ongoing or not	No need to sign up, can just show up! Volunteer days every 4th Saturday of each month from 830am-noon.
Programs for the Elderly					
Amazing Place	Visit with participants(adults with mild memory impairment) and join them in activities and outings, or participate in the STARS summer internship program.	Susie Howard, showard@amazingplacehouston.org	http://serveforgood.org/charity/amazing-place/	variable	
Autumn Grove	Volunteers socialize with and assist with Alzheimer's patients and their families throughout the city.		http://autumngrove.com/volunteer/	Contact for more info	
Baker Ripley Dementia Center	Teach yoga, choir, other activities for dementia patients		https://volunteer.bakerripley.org/recruiter/index.php?class=OppSearchResults&recruiterID=501&Activity=8&zipCode=77025&zipDistance=5&type=all	Ongoing	
Houston Hospice	Volunteer as a hospice worker		http://www.houstonhospice.org/volunteer.aspx	Ongoing	Background check and training required
Senior Food Box Distribution	Assist seniors in picking up and loading their monthly food distribution boxes.		https://www.houstonfoodbank.org/ways-to-give/give-time/offsite-volunteering/	Could be ongoing or not	Opportunities in many locations and times
Food Bank/ Distribution/Prep					
Houston Food Bank	Packing/sorting/cooking food for the hungry		https://www.houstonfoodbank.org/ways-to-give/give-time/volunteerathfb/	Could be ongoing or not	Willing to do a day of service!!

HFB Client Assistant Program	Assist families applying to state benefits such as SNAP, Medicaid/CHIP, ext. Distribute food to a "Farmer's Market" to help families shop with dignity and establish self-sufficiency.		https://www.houstonfoodbank.org/ways-to-give/give-time/offsite-volunteering/	Could be ongoing or not	Locations in Spring Branch, Sugar Land, and Fresno
Keegan Kitchen (Houston Food Bank)	Morning volunteers help prepare food for children to eat after school. Afternoon volunteers help prep the kitchen for the next day.		https://www.houstonfoodbank.org/ways-to-give/give-time/volunteerathfb/keegankitchen/	Single Day Commitment	Morning Shift: M-F 8-12; Afternoon Shift: M-F 1-4pm
Kid's Meals Houstons	Prepare, pack, drive, and deliver meals for preschool children in need		http://kidsmealsinc.org/take-action/volunteer/	Could be ongoing or not	Shifts: M-F 9-12 & one Saturday/month
Portwall Warehouse (Houston Food Bank)	Sorting, stocking, repackaging food for HFB distribution		https://www.houstonfoodbank.org/ways-to-give/give-time/volunteerathfb/portwallwarehouse/	Single Day Commitment	Many shifts available!
Sheltering Arms Food pantry	Sort food for senior citizens		https://volunteer.bakerripley.org/recruiter/501/OppDetails/748/Sheltering-Arms-Food-Pantry-and-Supply-Room/	Single Day Commitment	Shifts available all weekdays
Society of St. Vincent de Paul	Assist with giant food and produce distribution to over 350 families in need.		http://www.svdphouston.org/volunteer/individual	Single Day Commitment	Opportunities available every 1st, 3rd, and 4th Saturday of each month.
Animals					
Houston Humane Society	Foster pets! Cats/Dogs/Kittens/Puppies	slucas@houstonhumane.org : Sherry Lucas	https://www.houstonhumane.org/volunteer/become-a-foster	Need to fill out an application. 2 week - 1 month commitment	
Houston Pets Alive!	Serve animals at risk for abuse or euthanasia		https://www.houstonpetsalive.org/volunteer/	Likely ongoing	Must apply/register
Programs for Children					
CASA (Court Ordered Special Advocate)	Be the voice for abused and neglected children		https://texascasa.org/volunteer/	1+ year	Background check and training required
YMCA- MD Anderson Family	Youth Coach		http://www.volunteerhou.org/need/detail/?need_id=151651	Ongoing	Online application and training required
Programs for Housing challenges					
Angela House	Organize clothing donations, tutoring, special events, administrative tasks	volunteer@angelahouse.org	http://angelahouse.org/	Variable	
Open Gate Homeless Ministry	Work with homeless youth in Montrose by assisting in various administrative roles, hanging out with the youth, and distribute hygiene and clothing packs.	Dennis: 832-578-9891	http://beringopengate.org/ways-to-help/	Could be ongoing or not	Sunday afternoons 12-330pm.
Ronald McDonald House	IN TMC! Run day to day operations at the House and Family Rooms		http://www.volunteerhou.org/need/detail/?need_id=92499	6 month commitment	3 hour shifts twice a month, volunteer application
Star of Hope	Serve homeless children and families in Houston		https://www.sohmission.org/volunteer/becoming-a-volunteer/	Could be ongoing or not	
Tony's Place	Serve homeless LGBT+ youth in Houston		http://www.tonysplace.org/volunteer/	Ongoing	Background check and training required