### Academic Anesthesiology: Is It For Me



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#### **An Overview of Academic Medicine**

- Benefits
- Challenges
- Salary
- Expectations

### **Talking Points:**

- What is Academic Medicine?
- What is a "typical" academic practice?
- Advantages?
- Types of Academic Jobs, how to choose
- Challenges of an Academic Practice, and to a new attending
- Salary, Contracts and Benefits

## Academic Medicine is a "3-Legged Stool"

- Clinical Care -
- Teaching-
- Research -

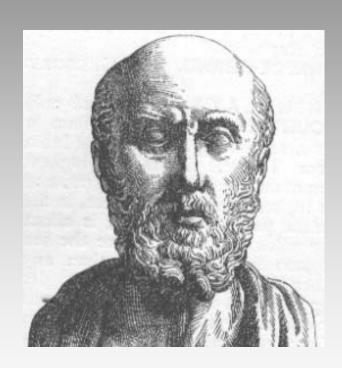
- "Use" Knowledge
- "Share" Knowledge
- "Make" Knowledge



#### **Benefits and Joys of Clinical Care**

- Also in private setting
- Academic centers-Tertiary or Quaternary institutions
  - -Unusual cases
  - Sub-specialty opportunities
- Networking

### **Benefits:** Joy of Teaching



#### **Benefits and Joys of Research**

- "Make" Knowledge
- Flexible time, more time overall
- Opportunities to speak, write
- Develop a reputation
- Promotion

## Reasons Residents Choose Academic Medicine (Plastic Surgery)

- Teaching Opportunities (82 %)
- Influence of Mentors (70%)
- Scope of Clinical Cases (64%)

## Reasons Residents Choose Academic Medicine (Dermatology)

- Graduate degree
- Resident or medical student publications or research
- Desire to teach or conduct research
- Intellectual stimulation
- Challenging cases

# What Distinguishes a "Typical" Academic Practice:

- Association with medical school (the dean is the boss), or teaching program
- Salary is related to academic rank
  - Publish or perish ("CV by weight")
  - Teacher-clinician track
  - Outstanding clinician track
- Tenure redefined, rare for clinical faculty
- Mentors readily available and supported

# **Expectations:** The "Three-Legged Stool of Academic Medicine



- "Triple threats" rare
- Chairs not necessarily experienced with competitive funding
- "Two Legs" of excellence for promotion

# **Expectations in Academic Medicine: The Trains Gotta Run**

- Excell at something
- Contribute to organization
  - (Help the trains to run)
- Career development vs. Clinical Commitment

## Your Expectations: Career Development vs. Clinical Commitment

- Programs to Mentor Junior Faculty
- Research & Writing difficult to start without a mentor-but not impossible
- Secretarial support for writing and power point presentation
- "Connections" to get invitations

# Academic Medicine: A Junior Attending

- Flying "Solo"
  - -Learn "system" at new institutions
  - New towns
- Teaching is a skill set
- Mentors are important (may be chair)

## **Academic Anesthesiology: Benefits**of Practice Structure

"Key" players within the institution

- Large Group
  - -Call, Part-time schedule
  - -Sub-specialization

## Types of Anesthesia Practice- Broadly Classified

Academic Practice

Private Practice

"Acadivate" practice

#### Salaries/Benefits

- Wide variability
- "Acadivate" pays more,
  - fewer opportunities for advancement
- Benefits excellent, often 20-30% of "Package"
- Package: \$300K salary = \$400K
   Compensation Pkg

### **Sources of Salary Information**

- AAMC
- MGMA
- SAAC

Modern Healthcare

Percentiles, national vs. regional

## MGMA Academic Practice Compensation & Production Survey for Faculty and Management

#### Base Compensation, National Median

- Instructors \$203,459

- Assistant Prof \$220,000

**- Assoc Prof** \$238,393

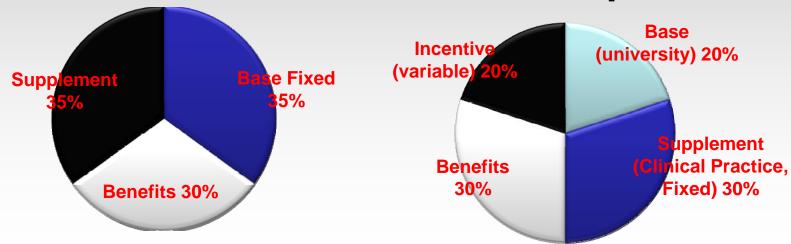
- Prof \$257,253

25% ile 50% ile 90% ile

• **Total** 237,465 285,618 404,647

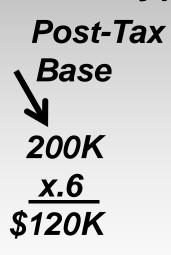
### **Salary Structure**

- Base salary (not variable)
- "Supplement" (variable or guaranteed)
- Incentive
- Benefits (up to 30% of base)
  - How are benefits calculated & paid?



#### **How are Benefits Calculated?**

- \$300K total salary
- \$200K base, \$100K supplement
- Disability (60% of salary)





#### Contracts

Oral agreement is key

- Contracts: an institutional form letter
  - Chair "fills in blanks"
  - Language by institutional attorney
  - May take time to get institutional approvals (balance sheet)

### What's Not Negotiable

- Contract language
- Benefit package
- Processes

### What's Negotiable

- Salary
- Moving expenses
- "Sign-on" bonus (nothing's free)
- Supplement Salary guarantee
- Salary "games" rare, barring catastrophe

# Academic Medicine: Practice Choice

- Mentor in area of interest
- Member of AUA
- Stable chair, "academic"
- Department's prominence within the institution

# Department's Prominence Within Institution

- Run OR's?
- Run ICU's?
- Medical staff officers?
- Hospital administration/deans?
- Stable chair

#### **Challenging "Payer Mix"**

Conversion Factor Universal

- \$38.09
- Conversion Factor Anesthesiology \$19.97
- Anesthesiology fares worse than other specialties
- "Oil" that "greases the skids"
- Cost Center, not a "Cash Cow"

## People don't change institutions, Institutions change people

J.L Reeves-Viets, M.D., M.B.A.

If department has been significantly "challenged," are the underlying factors that got it that way still in place?

# **Bottom Line: Why Do Academic Medicine??**

- Relationships
- Teaching
- Add new knowledge, develop a reputation
- Stimulating case mix
- Practice opportunity that "works" for you



## **The Bottom Line**

