

## SHEILA COOGAN, MD, FACS

*Vascular Surgeon*

Please complete the following questionnaire, trying not to leave any blank spaces. The more information we have, the better we can care for you.

### VARICOSE VEINS / SPIDER VEINS QUESTIONNAIRE

How old were you when you first noticed your varicose veins? \_\_\_\_\_

Have your veins gotten worse in recent months? \_\_\_\_\_

Do you stand for long hours at home/work? \_\_\_\_\_

Which of the following do you do to treat your leg symptoms?

Medication No \_\_\_\_\_ Yes \_\_\_\_\_ Name: \_\_\_\_\_

Elevation of the legs No \_\_\_\_\_ Yes \_\_\_\_\_

Wear support hose/ stocking No \_\_\_\_\_ Yes \_\_\_\_\_ For how long? \_\_\_\_\_

Do you have or have you ever been diagnosed with any of the following? (You **MUST** select a number for each line)

Aching **Right** 1 2 3 4 5 **Left** 1 2 3 4 5

Tiredness / fatigue **Right** 1 2 3 4 5 **Left** 1 2 3 4 5

Burning **Right** 1 2 3 4 5 **Left** 1 2 3 4 5

Restless legs **Right** 1 2 3 4 5 **Left** 1 2 3 4 5

Vein swelling **Right** 1 2 3 4 5 **Left** 1 2 3 4 5

Phlebitis (redness, tenderness of vein) **Right** 1 2 3 4 5 **Left** 1 2 3 4 5

Skin discoloration / changes **Right** 1 2 3 4 5 **Left** 1 2 3 4 5

Pain (sharp / stabbing) **Right** 1 2 3 4 5 **Left** 1 2 3 4 5

Ankle swelling, leg swelling **Right** 1 2 3 4 5 **Left** 1 2 3 4 5

Throbbing **Right** 1 2 3 4 5 **Left** 1 2 3 4 5

Blood clots (DVT) **Right** 1 2 3 4 5 **Left** 1 2 3 4 5

Heaviness **Right** 1 2 3 4 5 **Left** 1 2 3 4 5

Itching **Right** 1 2 3 4 5 **Left** 1 2 3 4 5

Night cramps **Right** 1 2 3 4 5 **Left** 1 2 3 4 5

Vein bleedings that difficult to control **Right** 1 2 3 4 5 **Left** 1 2 3 4 5

Open wounds / ulcer **Right** 1 2 3 4 5 **Left** 1 2 3 4 5

Spider veins **Right** 1 2 3 4 5 **Left** 1 2 3 4 5

Vein Treatment History: Have you ever been treated for varicose veins with the following?

Sclerotherapy (vein injection) No\_\_ Yes\_\_ R\_\_\_\_\_ L\_\_\_\_\_ Year? \_\_\_\_\_

Vein stripping No\_\_ Yes\_\_ R\_\_\_\_\_ L\_\_\_\_\_ Year? \_\_\_\_\_

Phlebectomy No\_\_ Yes\_\_ R\_\_\_\_\_ L\_\_\_\_\_ Year? \_\_\_\_\_

Vein stripping No\_\_ Yes\_\_ R\_\_\_\_\_ L\_\_\_\_\_ Year? \_\_\_\_\_

Vein ablation procedure No\_\_ Yes\_\_ R\_\_\_\_\_ L\_\_\_\_\_ Year? \_\_\_\_\_

Family History: Do any of your family members have the following?

Varicose veins No \_\_\_\_\_ Yes \_\_\_\_\_ Who? \_\_\_\_\_

Vein stripping No \_\_\_\_\_ Yes \_\_\_\_\_ \_\_\_\_\_

Blood clots/ pulmonary embolism No \_\_\_\_\_ Yes \_\_\_\_\_ \_\_\_\_\_

Blood coagulation disorder No \_\_\_\_\_ Yes \_\_\_\_\_ \_\_\_\_\_

Heart disease/ heart attack No \_\_\_\_\_ Yes \_\_\_\_\_ \_\_\_\_\_

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Have you tried exercise to alleviate symptoms? If yes, what type? \_\_\_\_\_

\_\_\_\_\_

Are your symptoms affecting your daily life? If yes, how? \_\_\_\_\_

What makes your legs feel better? \_\_\_\_\_

\_\_\_\_\_

What makes your legs feel worse? \_\_\_\_\_

\_\_\_\_\_