

CURRICULUM VITAE

PERSONAL DATA

NAME: Sumera Salamat

WORK ADDRESS: 1941 East Road #3240, Houston TX 77054.

CONT#713-486-2552

LANGUAGES SPOKEN: English, Hindi/Urdu

EDUCATION AND EXPERIENCE:

WORK EXPERINCE:

Assistant Professor, Department of Psychiatry at University Of Texas Health Science Centre at Houston, October, 2014-Currently

POST GRADUATION:

Fellowship: Child and Adolescent psychiatry Fellowship August 2012- July 2014, at the Department of Child and Adolescent Psychiatry University Of Texas Houston, 1941 East Road Houston TX 77054

Residency: PGY-3 in Psychiatry, at the Department of Neurology and Psychiatry, 2009-2012 at St. Louis University Hospital, 1438 S Grand BLVD, St. Louis MO 63104.

Externship: Extern in Dept of Psychiatry, Oct 2008-Mar 2009, at University of Louisville 530 South Jackson Street, Louisville, KY 40202, Supervisor: Professor Steven B Lippmann MD, FACP.

Research Officer: March 2008-Sept 2008, Dept of Psychiatry at Aga Khan University Hospital, Stadium Road, P.O. Box 3500, Karachi 74800, Pakistan. Supervisor: Dr Syed Ahmer, Consultant Psychiatrist MRCPsychiatry.

Research Officer: Feb 2008-Sept 2008, Dept of Neurology, at Aga Khan University Hospital, Stadium Road, P.O. Box 3500, Karachi 74800, Pakistan. Supervisor: Dr Ayesha Kamal MD, Consultant Neurologist.

Research Officer: Sep 2007-Nov 2007, at Department of Gastroenterology, at Aga Khan University Hospital, Stadium Road, P.O. Box 3500, Karachi 74800, Pakistan. Supervisor: Dr Khalid Mumtaz, Consultant Gastroenterologist.

Research Officer: Jan 2007-May 2007, Department of Psychiatry at Aga Khan University Hospital, Stadium Road, P.O. Box 3500, Karachi 74800, Pakistan. Supervisor: Dr Abdul Wahab, Consultant Psychiatrist.

Internship: Nov 2005-Oct 2006 (Psychiatry, Internal Medicine, Surgery, Orthopaedics)

at Aga Khan University Hospital, Stadium Road, P.O. Box 3500, Karachi 74800, Pakistan.

MEDICAL SCHOOL :(M.B.B. S.) 2000-2005, Jinnah Medical and dental college, 22, 23 Shaheed-e-Millat Road Karachi, Pakistan.

COLLEGE/HSC (higher secondary Certificate): 1997-1999, from St Lawrence Government Girls College, Jigar Moradabadi Road, Karachi Pakistan.

AWARDS AND HONORS:

2nd Position in First Profession Exam A (1st year M.B.B.S)

2nd Position in First Professional Exam B (2nd year M.B.B.S)

1st Position in Second Professional Exam (3rd year M.B.B.S)

2nd Position in Final Professional Exam (5th year M.B.B.S)

Distinctions/ Honors: Biochemistry I, Biochemistry II, Physiology II, Pharmacology Basic Pathology, Clinical Pathology, ENT

BOARD CERTIFICATIONS AND EXAMS:

USMLE Step 1: Passed

USMLE Step 2 CK: Passed

USMLE Step 2 CS: Passed

USMLE Certification

USMLE Step 3: Passed

Board Certified: Certified Psychiatrist by American Boards of Psychiatry and Neurology 9/15/2014

FCPS (Fellow of college of physicians and surgeon) Exam Part I in Psychiatry 2007

COURSES:

Zero To Six, Stages of child development from Birth to Six years old, (8 weeks Course)

2011, at psychoanalytic Institute St Louis MO

CBT Work Shop

LICENSURE TO PRACTICE:

State of Texas, Full unrestricted License, Texas Medical Board , License #: Q0555

ORGANIZATION:

Member of American Psychiatric Association

Member of American Academy of Child and Adolescent Psychiatry

TEACHING:

Clinical supervision of residents during Clinics

ARTICLES:

1. Abdul Wahab Yousafzai, Naila Bhutto, Syed Ahmer, Mohammed Naim Siddiqi, Sumera Salamat.

Caregivers` stress of cancer patients in a tertiary care hospital, Journal of Post Graduate Medical Institute
Jan - Mar 2008; 22(1):62-3.

2. Syed Ahmer,¹ Sumera Salamat,¹ Rashid AM Khan,¹ Saleem Perwaiz Iqbal,² Imran Ijaz Haider,³ Ayesha Shabaz Khan,³ and Mohsan Zafar³ **Pattern of benzodiazepine use in psychiatric outpatients in Pakistan: a cross-sectional survey** Clinical Practice and Epidemiology in Mental Health. 2009 ; 5: 9.
Published online 2009 April 28.

3. Muruga Loganathan, M.D.; Madhavi Kandel, M.D.
Sumera Salamat, M.D.; Steven Lippmann, M.D. **Foreign Trained Physicians**
, Kentucky Psychiatrist, Vol 20 (1)

4. Paria E Majd ,Andy Avenido MD, Sumera Salamat MD ,anubha paladugu MD,Steven B Lippmann **Crohn`s Disease: Gut and Brain Related** ,The Kentucky Psychiatrist 20(2):3&4, 2010.

LETTER TO EDITOR:

Loganathan, Muruga MD; Kandel, Madhavi MD; Salamat, Sumera MD; Lippmann, Steven MD, **International Medical Graduates in America** ,Southern Medical Journal June 2009 - Volume 102 - Issue 6 - p 671

GRAND ROUNDS:

Hoarding , Department of Neurology and Psychiatry at Saint Louis University ,Saint Louis MO

Emergence Delirium in pediatric Population, Department of Psychiatry, University Of Texas health Science Centre at Houston TX

RESEARCH IN PROGRESS:

1. Effects of Methylphenidate and the risk of fall in the patient with Dementia, At Saint Louis University Hospital St Louis MO