

**Elaheh Ashtari, Psy.D.**

**PRESENT TITLE:** Clinical Assistant Professor of Psychiatry and Behavioral Sciences  
McGovern Medical School at UTHealth

**WORK ADDRESS:** UTHealth Harris County Psychiatric Center  
2800 South MacGregor Way  
Houston, Texas 77021

**CITIZENSHIP:** United States of America

**UNDERGRADUATE EDUCATION:**

Bachelor of Science, Psychology with Honors, 2005 (*magna cum laude*)  
University of Houston  
Houston, Texas

**GRADUATE EDUCATION:**

Master's Degree, Counseling Psychology, 2009  
Adler University  
Chicago, Illinois

Doctor of Psychology, Clinical Psychology, 2011  
Concentration in Child and Adolescent Psychology  
Adler University  
Chicago, Illinois

**PREDOCTORAL INTERNSHIP:**

Predoctoral Psychology Intern, Harris County Juvenile Probation Department –  
Forensic Unit  
Houston, Texas

**POSTGRADUATE TRAINING:**

Forensic Postdoctoral Fellow, North Texas State Hospital – Maximum Security  
Vernon, Texas

**ACADEMIC & ADMINISTRATIVE APPOINTMENTS:**

Clinical Assistant Professor, 2016 - present  
Department of Psychiatry and Behavioral Sciences  
McGovern Medical School at UTHealth  
Houston, Texas

**HOSPITAL APPOINTMENTS:**

Clinical and Forensic Psychologist, 2016 - present  
UTHealth Harris County Psychiatric Center  
Houston, Texas

**OTHER PROFESSIONAL EXPERIENCE:**

Supervising Psychologist, 2013 – 2016  
Harris County Community Supervision and Corrections Department  
Centralized Assessment and Screening Team (CAST),  
Houston, Texas

Independent Practice, 2015-2016  
Lovett Center  
Houston, Texas

**LICENSURE:**

Texas Licensed Psychologist #36890, April 2015

**PROFESSIONAL ORGANIZATIONS:**

**Local**

Houston Psychological Association 2011 - present

**National**

American Psychological Association 2011 - present

**HONORS AND AWARDS:**

Outstanding Alumni Award, Adler University 2013

**SERVICE ON THE UNIVERSITY OF TEXAS HEALTH SCIENCE CENTER AT HOUSTON COMMITTEES:**

Psychology Internship Program and Accreditation Committee, 2016 - present

**SERVICE ON McGOVERN MEDICAL SCHOOL AFFILIATED HOSPITAL COMMITTEES:**

Competency Restoration Oversight Committee, UTHealth-HCPC, 2016 – present

Medical Staff Committee, UTHealth-HCPC, 2016 – present

**CURRENT TEACHING RESPONSIBILITIES:**

### **UTHealth-HCPC**

Direct clinical supervision  
3 practicum students, 2 interns, 2 residents per year  
One hour supervision, weekly, per year

Psychology Intern Didactic  
2 per year – Competency to Stand Trial & Dialectical Behavioral Therapy  
Psychotherapy Seminar  
12 PGY-2 Residents  
4 presentations per year

Competency Restoration Training  
9 multidisciplinary providers  
3 presentations per year

### **MENTORING ACTIVITIES:**

Faculty Advisor, Grand Rounds, Department of Psychiatry and Behavioral Sciences, December 2016  
1 PGY-4 Resident

### **CURRENT CLINICAL SERVICE RESPONSIBILITIES:**

#### **UTHealth-HCPC**

Forensic Examiner, Competency to Stand Trial Evaluations  
126 per year

Group Therapist, Dialectical Behavioral Therapy Skills Groups  
2, 45-minute groups per week, per year, Adult Acute units  
1, 45-minute group per week, January 2017 – present, Adult Dual Diagnosis unit

Group Therapist, Psychotherapy Group, Child Units  
72 45-minute groups per week, August – November 2016

Individual Therapist, Long term therapy  
1 patient, Adult Early Onset Pilot Program, December 2016 – March 2017

Individual Therapist, Brief Individual Interventions, Child Units  
17 patients per year

Individual Therapist, Brief Individual Interventions, Adult Acute Units  
33 patients per year

Assessor, Psychological Assessments, Adult Acute Units  
15 patients per year

Assessor, Psychological Assessments, Child Units  
4 patients per year

Consultations with Treatment Teams/Attending Psychiatrists  
156 per year

## **PUBLICATIONS:**

### **A. Book Chapters**

Shiple, S. L. & Ashtari, E. Ethical considerations in maximum security forensic hospitals: Implications for psychologists. In B.A. Arrigo (Ed.) Encyclopedia of Criminal Justice Ethics: Volume 2. Pp. 359-361. Thousand Oaks, CA: Sage Publications, 2014.

### **B. Other Professional Communications Presentations:**

1. Ashtari, E. Iranian women and divorce. Poster session presented at Multifaceted Themes of Diversity Conference, Chicago, IL. May 2009.