

**Luis A. Fernandez, M.D.**  
Service Line Chief, Lyndon B. Johnson Hospital  
Assistant Professor of Psychiatry, McGovern Medical School,  
The University of Texas

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**LANGUAGE FLUENCY**      English, Spanish

**EDUCATION**

9/2003-6/2007              MD, Medical University of South Carolina

9/1997-5/2002              Furman University  
BS Biology with secondary focus on Political Science  
and French. With honors

**TRAINING**

7/2007-6/2008              Psychiatry Internship  
Medical University of South Carolina, Charleston, SC

7/2008-6/2011              Psychiatry Residency  
Medical University of South Carolina, Charleston, SC

7/2010-6/2011              Chief Residency, Department of Psychiatry  
Medical University of South Carolina, Charleston, SC

## FACULTY APPOINTMENTS

08/2016- Present	Assistant Professor of Psychiatry, University of Texas McGovern School of Medicine, Houston, TX
11/2013-06/2016	Assistant Professor of Psychiatry, Baylor College of Medicine, Houston, TX
7-/2011-11/2011	Assistant Professor of Psychiatry, Medical University of South Carolina, Charleston, SC

## HOSPITAL & PROFESSIONAL APPOINTMENTS

10/2017-Present	<p>Service Line Chief / Assistant Professor of Psychiatry Lyndon B. Hospital in collaboration with The University of Texas, Houston, TX</p> <ul style="list-style-type: none"><li>- Leads functional aspects of a psychiatric consult liaison service at a hospital serving a high volume of underserved individuals suffering from severe mental illness.</li><li>- Oversees outpatient clinics and enforces standards and metrics.</li><li>- Creates protocols in conjunction with service chiefs of other disciplines regarding the management of violent individuals.</li><li>- Synergizes efforts with case management to reduce length of stay of emergency center patients awaiting beds at other facilities.</li><li>- Teaches second and fourth year residents through active involvement in patient care, supervision, and lectures.</li><li>- Teaches stage-appropriate material to 3<sup>rd</sup> year students on psychiatric rotation at LBJ.</li><li>- Engages the Harris Health administration in the possible implementation of a future psychiatric observation unit.</li><li>- Provide on-call services for cross-cover needs and/or assessments during weekends and after-hours.</li></ul>
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- Provides comprehensive psychiatric assessments of patients both in the emergency room and inpatient settings.
- 08/2016-Present                      BBSB Outpatient Clinic, University of Texas, Houston, TX
- Supervises 3<sup>rd</sup> year resident clinic.
  - Teaches residents the process of longitudinal rapport building, evaluation, and management of psychiatric patients.
  - Screens resident notes for appropriate content, congruency, and quality.
- 08/2016-Present                      Consult Liaison Psychiatrist / Assistant Professor of Psychiatry  
Lyndon B. Hospital in collaboration with The University of Texas, Houston, TX
- Provides comprehensive psychiatric assessments of patients with psychiatric disturbances in the emergency room.
  - Manages medical/surgical patients who presented with co-morbid psychiatric conditions.
  - Integrates care involving a variety of disciplines in the process of determining organic causes of behavioral alterations and delirium.
- 11/2013-06/2016                      Adult Division Psychiatrist for the HOPE unit  
The Menninger Clinic, Houston, TX
- Led one of three multidisciplinary treatment teams providing 6-8 week dynamically based milieu therapy to a demographic with high Axis-II co-morbidities.
- 11/2011-11/2013                      Director of ECT  
The Carolina Center for Behavioral Health, Greenville, SC
- Performed and directed ECT services in a community based, private hospital involving high volume.
  - Implemented standardized clinical assessments and documentation of ECT consultation services.
  - Grew the ECT service by 30% by actively marketing to outside referral sources in the local community.
  - Coordinated the pharmacotherapy of each individual ECT patient with his/her outpatient or inpatient provider.
  - Trained additional psychiatrist in ECT.

11/2011-11/2013

Senior Staff Psychiatrist for Acute Care

The Carolina Center for Behavioral Health, Greenville, SC

- Admitted, treated, and provided disposition for chronically ill patients with a high co-morbidity of diabetes, hypertension, and TBI.
- Decreased seclusion rates
- Decreased pharmacy costs by substituting brand name orally disintegrating formulations of medications with their liquid forms.
- Developed standardized forms for documenting mental status exams, suicide risks assessments, and treatment plans.
- Tapered opioid dependent patients undergoing withdrawal using Suboxone.

7/2011-11/2011

Staff Psychiatrist

Colleton Medical Center, Walterboro, SC

- Sole psychiatrist at a regional/satellite hospital with a 1yr old psychiatric unit.
- Managed 10-14 patients daily.
- Provided designated examiner services to the courts for patients being treated under involuntary status.

## LICENSURE AND BOARD CERTIFICATION

### Licensure

2014- present

Texas Medical Board (No. Q2128)

2007- 2014

South Carolina Medical Board (No. 29900)

2013-2014

North Carolina Medical Board (No. 2013-01913)

2009-2013

Georgia Medical Board (No. 63190)

2007- present

National Provider Identifier (No. 1225235534)

### Certification

2011-present

American Board of Psychiatry and Neurology (ABPN)

2007-present

Drug Enforcement Agency (No. FF0477162 and XF0477162 for Buprenorphine and Suboxone)

2007-present

Basic Cardiac Life Support

## TEACHING

### Grand Rounds

2018

"Body of Evidence - The Interpretation of Body Language."  
Harris County Psychiatric Center, Houston, TX.

### Lectures

2019 - Present

"Capacity vs. Competency." Third year resident lecture series.  
Harris County Psychiatric Center, Houston, TX.

### Small Groups

2016

Second year medical student group facilitator. McGovern  
Medical School, Houston, TX .  
- Facilitated group discussions regarding end-of-life care,  
assisted suicide, patient rights, capacity vs competency.

## PROFESSIONAL DEVELOPMENT - Seminars and Conferences

2018

The State of the Art Course in Addiction Medicine -

2017

ASAM, Washington, DC

Houston Mood Disorders Conference, The University of  
Texas, UTMB

2014

The Sanctuary Model, The Menninger Clinic

2014

Workshop on Elopement Protocols, The Menninger Clinic

2014

Collaborative Assessment and Management of  
Suicidality, The Menninger Clinic

2013

18<sup>TH</sup> Annual Psychopharmacology Update, the University  
of Nevada School of Medicine, Las Vegas, NV

2011

Internal Medicine Comprehensive Review and Update,  
Harvard Medical School, Cambridge, MA

## SERVICE

### Committees

- 2019 - Present Professionalism and Wellness Committee - Harris Health System, Houston, TX
- 2019 - Present Utilization Review Committee. Harris Health System, Houston, TX

### Journal / Editorial Activity

- 2016-2016 Guest manuscript editor for Journal of Psychiatric Practice, John Oldham, MD editor. "Effects of prophylactic Olanzapine on postoperative delirium."

## HONORS AND AWARDS

- 2019 Dean's Teaching Award Certificate - Voted as favorite by 3<sup>rd</sup> year class.

## PUBLICATIONS

- 2019 Esra Sena Genc, Hanjing Emily Wu, Omar F Pinjari, Luis A Fernandez, Blake E Henchcliffe, Mustafa Husain, Salih Selek. Image of Electroconvulsive Therapy in YouTube Videos. Journal of ECT [Under Review].

## TELEVISION AND RADIO APPEARANCES

2017:

-Oct 24<sup>th</sup>. Cardiac warning signs. "Señales de estres cardiacas" -Univision 45, Houston, TX

-Nov 3<sup>rd</sup>. Anxiety, its manifestations and its treatment. "Ansiedad" -Univision 45, Houston, TX

-Nov 27<sup>th</sup> Holiday related depression. "Depresion navideña" -Univision 45, Houston, TX

-Dec 5<sup>th</sup>. Holiday family conflict. "Conflicto familiar durante los dias festivos." - Univision 45, Houston, TX

-Dec 23<sup>nd</sup>. How to maintain routines and sleep patterns during the holidays. "Como mantener rutinas sanas durante las fechas de celebracion." Univision 45, Houston, TX

2018:

-Jan 11<sup>th</sup>- "Adiccion de video juego" - Video game addiction - identification and strategies. Univision 45, Houston, TX

-Feb 5<sup>th</sup>. ECT as a therapy for depression. "TEC - Una gran terapia para la depresion" Univision 45, Houston, TX

Mar 30<sup>th</sup> - "El dia mundial de bipolar." World bipolar day. Telemundo, Houston, TX.

June 8<sup>th</sup> - "Suicidios de gente mayor." Suicide rates in the elderly. Univision 45, Houston, TX

Aug 4<sup>th</sup> - "El abuso de opioides y la epidemia que existe." Opioid abuse and the current opioid epidemic. Univision 45, Houston, TX

Nov 7<sup>th</sup> - Post election blues. WOAI radio in San Antonio.

2019:

-March 26<sup>th</sup>. Managing Mental Illness in Couples - The impact of depression or mental illness on a relationship. Doctor Radio Reports. Sirius/XM Radio.