

# Dr. NICHOLAS S. PATNIYOT

Houston, TX

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**SPECIALTY**      **Psychiatry**

**PRACTICE  
EXPERIENCE**

**University of Texas Health Science Center, Houston, Texas**  
Assistant Professor of Psychiatry, Dec 2018- present  
Evaluates and treats adult patients via telepsychiatry and in an inpatient setting.  
Responsible for teaching psychiatry residents, as well as third and fourth year medical students.

**The Harris Center (formerly MHMRA of Harris County), Houston, Texas**  
Supervising Physician of Crisis Residential Unit, March 2015- Oct 2017  
Evaluates and treats adult patients in a partial hospitalization setting with ongoing care.

**University of Texas Health Science Center, Houston, Texas**  
Assistant Professor of Psychiatry, Sept 2011- Feb 2015  
Evaluates and treats adult patients in an inpatient setting. Responsible for teaching psychiatry residents, as well as third and fourth year medical students.

**TRAINING**

**University of Chicago Hospitals, Chicago, Illinois**  
Dept. of Psychiatry, July 2005-June 2009  
Chief Resident, Inpatient and ER Psychiatry  
Gained extensive hands-on experience in inpatient and outpatient psychiatry, as well as various forms of psychotherapy. Took on significant responsibility in making decisions about pharmacologic and various other forms of patient care. Responsible for teaching third and fourth year medical students.

**Chicago Psychoanalytic Institute, Chicago, Illinois**  
Fellow, 2008-2009  
Explored transference-based and psychoanalytic –informed psychotherapy through course readings, seminars, and case presentations.

**Center for Psychoanalytic Studies, Houston, Texas**  
Academic Diplomate, September, 2017-present  
Academic psychoanalytic training, involving discussion seminars with readings, case conferences, writing workshops and presentations

**EDUCATION**

**University of Texas at Southwestern Medical School, Dallas, Texas**  
Doctor of Medicine, December 2004

**Rice University, Houston, Texas**  
Bachelor of Arts in Psychology, May 1998

**RESEARCH**

**Dr. Morris Goldman, University of Chicago Psychiatry Department**  
Assistant Researcher, 2007-2008  
Evaluated functional imaging (fMRI) pre-/post- prepulse inhibition in selected brain structures in schizophrenics and controls. Explored models for neuropsychologic deficits in thought-disordered patients.

**Dr. Carol Tamminga, University of Texas at Southwestern Psychiatry Department**

Research Assistant, 2005

Constructed a database for endophenotype correlates to schizophrenia and assisted with experiments on transitive inference tasks in schizophrenic patients.

**Dr. Dwight German**, University of Texas at Southwestern Psychiatry Department  
Research Assistant, 2001-2002

Assisted in experiments on schizophrenia, Alzheimer's and Parkinson's disease, with an emphasis on neuronal cell counting in separate nuclei of the thalamus and immunohistologic staining of separate loci of the brain.

**Dr. Jeffrey Bowers**, Rice University Psychology Department

Research Assistant, 1997

Assisted in research concerning implicit memory (specifically long-term perceptual priming), and evaluated a local or distributed model for sensory memory.

**PUBLICATIONS** Patniyot NS. Thought disorder in schizophrenia: impairment in contextual processing via integrative failures in cognition. Medical Hypotheses. 2011 Oct; 77(4):568-72.

Patniyot NS. Patniyot IR. Variant Creutzfeldt-Jakob disease presenting as new-onset psychosis. Journal of Psychiatric Practice. 2019 Jan; 25(1):58-62.

**PRESENTATIONS**/"Cognitive impairment in schizophrenia: Theories and Implications"

**TEACHING** Psychiatry Grand Rounds- UT Health Sciences Center at Houston  
December 4<sup>th</sup>, 2013

Introduction to Psychodynamic Psychotherapy  
Psychotherapy and Humanities Seminar- PGY-2  
Psychiatry Dept.  
UT Houston Health Sciences Center  
Jan/Feb 2012-14

Introduction to Schizophrenia lecture series  
Abnormal Behavior- PSYC 332  
Rice University  
Feb/March 2013-14

#### **LICENSE/CERTIFICATIONS**

American Board of Psychiatry and Neurology Diplomate, January 2011  
Texas Medical Board full licensure  
American Psychiatric Association member  
Texas Medical Association member  
Harris County Medical Association member

#### **CLINICAL AND RESEARCH INTERESTS**

Chronic Psychosis  
Schizophrenia  
Neurocognition  
Psychodynamic Psychotherapy and Psychoanalysis  
Forensic Psychiatry