# PEGGY S. STEPHENS, MD

### Distinguished and Life Fellow of the American Psychiatric Association

Diplomate, American Board of Psychiatry and Neurology (Psychiatry)

Diplomate, American Board of Psychiatry and Neurology (Re-certification in Subspecialty of Geriatric Psychiatry, 2017)

Diplomate, American Board of Psychiatry and Neurology (Re-certification in Subspecialty of Addiction Psychiatry, 2016)

### CAREER SYNOPSIS:

Associate Professor of Psychiatry, McGovern Medical School, University of Texas Health Science Center at Houston, 10/2019-present

Superintendent, Chief Executive Officer, Chief Medical Officer, and On Call Physician, Madison State Hospital, 8/2005-9/2019

Clinical Professor of Adult Psychiatry, Addiction Psychiatry, and Geriatric Psychiatry, Psychiatric Training Site Director, Kentucky College of Osteopathic Medicine, University of Pikeville, 5/2019- 9/2019

Adjunct Clinical Assistant Professor, Indiana University School of Medicine, 10/2014-present

The Joint Commission, Physician Hospital Surveyor, Hospital Accreditation Program, 8/2011-2/2013

President, Kentucky Medical Psychiatric Association, 1997

American Psychiatric Association National Fellow, officer, 1987-1989

Faculty, Harvard Medical School, Department of Psychiatry, 1989-1990

Adjunct Faculty, University of Louisville Sports Medicine Fellowship, 2005-07

Council Member, American Psychiatric Association's Council on Addictions, 1990-2000

Board of Directors, American Academy of Addiction Psychiatry, 1999-2001

Ardent/Behavioral Healthcare Corporation's "Quality Hospital of the Year Award", 2001

Mental Health America of Indiana's Individual Psychiatrist, "Heroes in the Fight Award", 2008

Captain, Medical Corps, Kentucky Army National Guard, 1983-1988

## EDUCATION AND POST-DOCTORAL TRAINING:

8/1974-5/1978	Bachelor of Science with Honors Physical Education University of Louisville
8/1978-5/1981	Masters of Art in Teaching, emphasis in Exercise Physiology and Pre-Medical Curriculum with High Honors University of Louisville
8/1981-6/1985	Medical Doctor with Distinction; National Alpha Omega Alpha Medical Honor Society University of Kentucky
7/1985 -6/1989	Resident, Chief Resident Department of Psychiatry University of Kentucky Medical Center
7/1988 -6/1989	Fellow/Senior Resident in Addiction Psychiatry Department of Psychiatry University of Kentucky Medical Center
7/1989–6/1990	Fellowship in Addiction Psychiatry Harvard Department of Psychiatry McLean Hospital Belmont, Massachusetts
ACADEMIC APPOINTMENTS:	
ACADEMIC APPOINTMENTS: 8/1978 –5/1980	Graduate Teaching Assistantships Department of Graduate Education (Statistics) and Department of Physical Education University of Louisville
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8/1978 –5/1980	Graduate Teaching Assistantships Department of Graduate Education (Statistics) and Department of Physical Education University of Louisville Instructor Harvard Medical School Department of Psychiatry
8/1978 –5/1980 7/1989 –6/1990	Graduate Teaching Assistantships Department of Graduate Education (Statistics) and Department of Physical Education University of Louisville Instructor Harvard Medical School Department of Psychiatry McLean Hospital, Belmont, Massachusetts Adjunct Clinical Instructor University of Louisville

5/2019- Present	Clinical Professor of Adult Psychiatry, Addiction Psychiatry, and Geriatric Psychiatry Psychiatric Training Site Director Kentucky College of Osteopathic Medicine University of Pikeville
HOSPITAL AND ADMINISTRA	TIVE APPOINTMENTS:
7/1989 –6/1990	Psychiatrist-in-Charge Alcohol and Drug Treatment Center Harvard Medical School McLean Hospital Belmont, Massachusetts
7/1990 – 1/1993	Developed, Opened, and Served as Medical Director Adult Dual Diagnosis Unit Jefferson Hospital
1/1993-12/2000	President of Medical Staff Jefferson Hospital
4/1993 – 8/1994	Developed, Opened, and Served as Medical Director Kentucky's First State Dual Diagnosis Program, Central State Hospital (partnership with University of Louisville's Emergency Psychiatric Services)
1/1994 - 12/2000	Medical Director, Acute and Outpatient Services Charter of Indiana at Jefferson
11/1999 – 9/2003	Medical Director, Ardent/Behavioral Healthcare Hospital Columbus, Indiana
10/2003 -8/2005	Medical Director Madison State Hospital
8/2005 – Present	Superintendent, CEO, and Medical Director Madison State Hospital

# AWARDS AND HONORS:

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1982 – 1985	Joseph Collins Medical Scholarship
1984 – 1985	Vice-President of Medical School Senior Class
1984 – Present	Alpha Omega Alpha Honor Medical Society
1987 – 1989	American Psychiatric Association's National Fellow
1987	University of Kentucky Research Award

1988Third Prize National Bingham Competition for Scholarly Work Pertaining to Schizophrenia1988Officer/Workshop Chairperson American Psychiatric Association's National Fellowship1989-90Harvard McLean's Hospital First Addiction Psychiatry Fellow2001Ardent's national corporate "Quality Hospital of the Year"2008Mental Health America-Indiana, "Individual Psychiatrist, Heroes in the Fight"		
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Fellow 2001 Ardent's national corporate "Quality Hospital of the Year" 2008 Mental Health America-Indiana, "Individual Psychiatrist,	1988	, 1 1
2008 Mental Health America-Indiana, "Individual Psychiatrist,	1989-90	1 5 5
	2001	Ardent's national corporate "Quality Hospital of the Year"
	2008	, 5 ,

### **BIBLIOGRAPHY:**

Stephens, P. A Review of Clozapine: An Antipsychotic for Treatment Resistant Schizophrenia. Comprehensive Psychiatry, July 1990; Vol. 31.

Weiss, R., Stephens, P. Substance Abuse and Suicide. In: Jacobs, Douglas (Ed.). Suicide in Clinical Practice. American Psychiatric Press, Inc., 1992, pp. 101-114.

Task Force for Services for Addicted Patients. Psychiatric Services for Addicted Patients. American Psychiatric Press, 1995. Washington, D.C.

Stephens, P. Is Redemption Possible for a Physician Executive? Physicians Practice, March 2011. Vol 11.

Stephens, P., Robinson, T. Madison State Hospital: The First 100 Years, AuthorHouse. 2012.

COMMITTEES	
1987-89	American Psychiatric Association Fellowship Officer
1987-89	American Psychiatric Association Committee on Women
1990-2000	American Psychiatric Association Council on Addictions (Council group that spearheaded Addiction Psychiatry Fellowships, as well as, the American Board of Psychiatry and Neurology Subspecialty Board Certification for Addiction Psychiatry)
1997-98	President, Kentucky Psychiatric Association Executive Board
1996-97	Vice President, Kentucky Psychiatric Association

	Executive Board
1995-99	Kentucky Psychiatric Association Scientific Program Committee
1991-99	President, Medical Staff, Charter/Jefferson Hospital
1997-98	Jefferson Hospital Board of Directors
2001	American Academy of Addiction Psychiatry Board of Directors
2003-present	Madison State Hospital, served as chairperson of Executive Leadership, Pharmacy and Therapeutics, Infection Control, Environment of Care, Quality Improvement, and Emergency Management Committees
2005-present	Chair, Madison State Hospital/DMHA Governing Board
2006-09	Indiana Governor's Mental Health Transformation Workgroup
2016-present	Indiana's Systems Integration Council

PRESENTATIONS

1986-88	Kentucky Army National Guard-monthly medical educational series on HIV Testing and Prevention
1988	University of Kentucky Department of Psychiatry Grand Rounds
1989	University of Kentucky Department of Internal Medicine Grand Rounds
1989	Kentucky Psychiatric Association Spring Conference
1989-90	Harvard University, "Alcohol Abuse" campus lecture series.
1991-93	Charter Jefferson Hospital's quarterly lecture series on Women's Mental Health topics.
1995-98	Jefferson Hospital's quarterly lecture series on Mental Health and Substance Abuse topics.
1996-97	University of Louisville Child Fellowship's Substance Abuse and Dual Diagnosis lecture series.

2001-03	BHC-Columbus Hospital Lunch and Learn quarterly lecture series on psychiatric and substance abuse topics.
2007	Indiana's Transformation Kick-off Conference, "Proposed Changes in Delivery of State Psychiatric Services".
2008	Midwestern Association of State Mental Health Organizations Conference, "The Staff Fatigue Reduction Plan: reducing overtime and improving patient outcomes".
2011	Madison State Hospital: The First 100 Years.
2018	American Academy of Addiction Psychiatry's Annual Meeting and Scientific Symposium: Translating Science. Transforming Lives. "Female Professional Advancement in Psychiatry."

#### **PROFESSIONAL SOCIETIES**

1987-present	American Psychiatric Association- Distinguished and Lifetime Fellow
1987-2006	Kentucky Psychiatric Association- Past President
2000-07; 2017-present	American Academy of Addiction Psychiatry- Past Member of Board of Directors.
2007-present	Indiana Psychiatric Society

### **OTHER INTERESTS AND ACTIVITIES**

University of Louisville Athletic Hall of Fame, 2001

Louisville Southern High School Hall of Fame, 2003

McDonald's High School All-American Band, All-State Orchestra, All-State Band

Professional Musician with the Louisville Orchestra, age 18-24

First women's tennis scholarship awarded at the University of Louisville

Founder and first President, Kentucky State Racquetball Association

Former Member of the Ladies Professional Racquetball Tour

USA Racquetball National Runner-Up 2015 Women's Open/Elite Doubles; Singles and Doubles Gold Medalist in National Senior Olympics/Games.