

CURRICULUM VITAE

Jason J. Yu, Ph.D.
Licensed Psychologist

MAILING ADDRESS

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CITIZENSHIP

USA

LICENSE

Texas Licensed Psychologist 36785

EDUCATION

Doctor of Philosophy Counseling Psychology, 12/2011
Texas A&M University, College Station, Texas

Master of Arts Counseling, 08/2005
St. Edward's University, Austin, Texas

Bachelor of Science Mechanical Engineering, 08/1989
University of Texas, Austin, Texas

Other Occupational Experience: 13 years of high-tech industry engineering work experience
Additional Language Proficiency: Mandarin Chinese and Taiwanese

CLINICAL EXPERIENCE

University of Texas Health Science Center at Houston

Houston, Texas

07/2020 – Present

Clinical Assistant Professor, Department of Psychiatry and Behavioral Sciences
Staff Psychologist, Student Counseling Services

- Provide individual mental health counseling to university students.

Private Practice

Houston, Texas

10/2015 – 05/2020

Licensed Psychologist

- Provided counseling to individual adult clients for personal development, career development, mood disorders, adjustment concerns, stress coping, motivation difficulties, self-management, work-life balance, learning strategies, and ADHD management.

- Provided mental health diagnostic evaluation of veterans applying for U.S. Department of Veterans Affairs disability benefits.

University of Houston Student Success Center

Houston, Texas

01/2013 – 10/2015

Psychological Counselor/Academic Counselor

- Provided individual counseling to diverse university graduate and undergraduate students for concerns affecting academic work, including adjustment issues, stress coping, motivation difficulties, self-management, work-life balance, learning strategies, test anxiety, and ADHD management.
- Assessed clients for needs for in-depth personal and career counseling.
- Developed programs to improve student connectedness, engagement, and academic performance.

University of Houston – Clear Lake Career and Counseling Services

Houston, Texas

08/2009 – 08/2010

Pre-Doctoral Psychology Intern

- Provided individual counseling to diverse university undergraduate and graduate students for personal and academic concerns; provided individual vocational counseling.
- Co-led and led counseling groups; co-facilitated couples counseling sessions.
- Conducted intake interviews and initial assessment for service appropriateness determination.
- Performed individual crisis intervention.
- Contributed to weekly team psychological and psychiatry case conferences; provided input on case assignments.
- Presented cases and collaborated on case consultations.
- Attended weekly clinical training seminars facilitated by staff psychologists and guest presenters.
- Co-led training seminars on counseling skills.
- Participated in weekly staff meetings; engaged in decision-making and problem-solving of clinical and administrative concerns within the department and the university.

Texas A&M Counseling and Assessment Clinic

Bryan, Texas

06/2007 – 05/2009

Service Coordinator

- Conducted in-person and telephone intake evaluation of counseling and assessment clients (approximately 10 - 20 each week) from urban and rural communities at a training clinic in a community health center.
- Assessed client presenting concerns and their severity for suitability for service at the clinic; recommended appropriate intervention and assessment services; referred to other mental health resources when necessary.
- Assigned counseling and assessment cases to appropriate practicum counselors and assessors.
- Provided case consultation to practicum counselors.

- Reviewed and monitored counselors' and assessors' maintenance of client charts.
- Coordinated daily clinical and administrative operations; interfaced with community health center on case referral and facility management.

Austin Child Guidance Center

Austin, Texas

09/2008 – 05/2009

Practicum Counselor

- Provided individual and family counseling to adolescents and children from urban and surrounding communities as a part of a multidisciplinary team including social workers, counselors, psychologists, and psychiatrists.
- Co-facilitated psycho-educational workshop for parents.
- Co-facilitated multi-family group counseling of adolescents and their family members in a juvenile detention center.
- Participated in case presentations and discussions; participated in weekly student training seminars facilitated by staff counselors.
- Participated in agency community outreach and fund-raising programs.

St. Joseph Rehabilitation Center, St. Joseph Skilled Nursing Facilities, and St. Joseph Manor

Bryan, Texas

09/2007 – 12/2007

Practicum Counselor

- Provided individual counseling to adults at an in-patient medical facility.
- Provided individual counseling to older adults in an assisted living facility.
- Co-facilitated group counseling of older adults in an assisted living facility.
- Participated in grand rounds reviewing cases at clinical geropsychology practicum sites.

Special Opportunities School of Bryan Independent School District

Bryan, Texas

09/2006 – 05/2007; 01/2008 – 05/2008

Practicum Counselor

- Co-facilitated group counseling of adolescents at a school district-wide disciplinary program.

Student Counseling Service, Texas A&M University

College Station, Texas

09/2006 – 12/2006

Practicum Counselor

- Provided individual counseling to university students at a university counseling center.
- Participated in weekly student training seminars and processing facilitated by staff psychologists.

Texas A&M Counseling and Assessment Clinic

Bryan, Texas

08/2005 – 08/2006

Practicum Counselor

- Provided individual counseling to mostly adult clients at a training clinic in a community health center.

Gulf Coast GEAR UP with Texas A&M University Educational Psychology Department

Online: College Station / Odem, Texas
Practicum Counselor

08/2005 – 12/2005

- Provided online individual counseling to high school students.

Opportunity Center of Del Valle Independent School District with Communities in Schools

Del Valle, Texas

01/2005 – 06/2005

Practicum Counselor

- Provided individual counseling to elementary, middle, and high school students in a dropout prevention/recovery program and a school district-wide disciplinary facility.
- Co-facilitated group counseling of adolescents.
- Supported career exploration activities, such as helping students process vocational information sessions.

OUTREACH EXPERIENCE

University of Houston Student Success Center

Houston, Texas

01/2013 – 10/2015

Psychological Counselor/Academic Counselor

- Delivered presentations to university students in classrooms on academic counseling services.
- Delivered presentations to parents of students in information seminars on achieving academic success and on academic counseling services as a resource.
- Spoke with individual students to provide information on academic counseling and other services at university outreach events.

University of Houston – Clear Lake Career and Counseling Services

Houston, Texas

08/2009 – 08/2010

Pre-Doctoral Psychology Intern

- Delivered presentations to university students in classrooms and student organization meetings on career and counseling services.
- Identified the need for a set of online multimedia self-help tools and planned and coordinated their implementation in a joint intern project.
- Researched, planned, and constructed outreach displays on campus on topics such as *Hurricane Stress, Recovery, and Preparation; Breast Cancer Awareness and Support; Academic Goal Setting; and Attention, Concentration, and Memory.*
- Represented Counseling Services at university student events such as student orientation and university open house.
- Delivered presentation on Counseling Services training program to prospective counseling practicum trainee applicants.

Texas A&M Counseling and Assessment Clinic

Bryan, Texas

06/2007 – 05/2009

Service Coordinator

- Presented clinic information, services offered, and referral procedures in workshop to other community service agencies.
- Represented the clinic at local mental health resource fairs and community events to provide information on clinic services.

WORKSHOP AND SEMINAR FACILITATION EXPERIENCE

University of Houston Student Success Center

Houston, Texas

01/2013 – 10/2015

Psychological Counselor/Academic Counselor

- Designed and facilitated workshops and seminars on self-management and college level academic skills, including topics such as *Motivation, Reducing Test Anxiety, Time Management, Overcoming Procrastination, and Coping with Finals*.
- Co-facilitated ADHD workshop series addressing concentration and time management.
- Designed and facilitated training seminars on academic counseling skills for doctoral counseling students working at a university counseling center.
- Designed and facilitated training seminars on one-on-one and group tutoring skills.

University of Houston – Clear Lake Career and Counseling Services

Houston, Texas

08/2009 – 08/2010

Pre-Doctoral Psychology Intern

- Facilitated workshops for university students on the topic of *Coping with Math Anxiety and Preparing for Math Exams*.
- Co-facilitated topical workshops for and provided consultation to university staff on working with students with special needs.
- Co-facilitated workshops for university students on topics such as *Dealing with Difficult People, Coping with Math Anxiety and Preparing for Math Exams, and Returning to School as Non-Traditional University Students*.
- Co-facilitated Career Exploration Workshops for university students and community attendees.

Austin Child Guidance Center

Austin, Texas

09/2008 – 05/2009

Practicum Counselor

- Co-facilitated psycho-educational workshops on parenting ADHD children.

CLINICAL ASSESSMENT EXPERIENCE

Assessment Measures: MMPI, MCMI, PAI, Rorschach, WAIS, WISC, Woodcock-Johnson, Brown ADD Scales, Strong Interest Inventory, MBTI, BDI, and OQ-45.

Texas A&M Counseling and Assessment Clinic

College Station, Texas

01/2007 – 05/2007; 10/2008 – 05/2009

Practicum Counselor

- Conducted integrative learning disabilities evaluation, including personality assessment, of university students.

St. Joseph Skilled Nursing Facilities and St. Joseph Manor

Bryan, Texas

11/2007 – 12/2007

Practicum Counselor

- Conducted integrative psychological evaluation of older adults in skilled nursing and assisted living settings.

Mental Health Mental Retardation Authority Brazos Valley

Bryan, Texas

01/2007 – 05/2007

Practicum Counselor

- Conducted integrative psychological evaluation of MHMR adult outpatients.

COUNSELING SUPERVISION PROVISION EXPERIENCE

University of Houston – Clear Lake Career and Counseling Services

Houston, Texas

08/2009 – 05/2010

Pre-Doctoral Psychology Intern

- Provided weekly joint supervision with a staff psychologist to a doctoral level counseling practicum trainee working with university student clients.

Texas A&M Counseling and Assessment Clinic

Bryan, Texas

08/2007 – 12/2007

Supervision Practicum Peer Supervisor

- Provided weekly individual supervision to a master's level counseling trainee working with adult clients at a training clinic in a community health center.

TEACHING EXPERIENCE

Texas A&M University

College Station, Texas

08/2007 – 12/2007

Supervision Practicum Peer Supervisor

- *Co-instructed basic counseling skills in the weekly experiential laboratory component of a counseling techniques course for beginning doctoral and master's level counseling students.*
- *Co-facilitated discussions; demonstrated and supervised practice role-plays of clinical skills.*
- Provided qualitative evaluation of the beginning counselors.

Texas A&M University

College Station, Texas

08/2006 – 05/2007

Course Instructor

- Lectured weekly, led class discussions, and administered all grades in an upper-level undergraduate adolescent development course of approximately 50 students.
- Developed syllabus and designed course structure.

RESEARCH EXPERIENCE

Texas A&M University

College Station, Texas

03/2006 – 05/2009

Research Team Member

- Conducted research as a part of a departmental research team on sexual orientation identity and religious/spiritual identity development in the gay-lesbian-bisexual-transgender population.
- Participated in research design, survey instrument creation, online data collection, and data analysis and interpretation.
- Co-authored written presentation of research.
- Presented research in symposium and poster sessions in professional conferences.

Texas A&M University

College Station, Texas

01/2006 – 09/2011

Dissertation Researcher

- Conducted investigation of premature termination of adult counseling clients based on archival data at a training clinic in a community health center.

Texas A&M University

College Station, Texas

08/2005 – 08/2006

Graduate Research Assistant

- Participated in research investigation and design.
- Coordinated construction of research room and helped to specify facility equipment.
- Coded research data from video recording of research subjects and archival data.

PROFESSIONAL PRESENTATIONS

Reichert, A. D., Yu, J. J., Boulos, S. A., & Duffy, M. (2008, August). Surveying the spectrum: The interaction of religious and sexual identity development of the GLBT Christian community. Poster presented at the American Psychological Association Annual Conference, Boston, MA.

Boulos, S. A., Reichert, A. D., Yu, J. J., Collins, A. B., & Duffy, M. (2008, March). Living in Puritan America in 2007: The religious struggles of GLBT Christians in the U.S. Poster presented at the International Counseling Psychology Conference, Chicago IL.

Collins, A. B., Reichert, A. D., Boulos, S. A., Yu, J. J., Leinberger, K. J., & Duffy, M. (2007, August). Religious and developmental issues in psychotherapy with GLBT clients. Poster presented at the American Psychological Association Annual Conference, San Francisco, CA.

Yu, J. J., Collins, A. B., Boulos, S. A., Reichert, A. D., & Leinberger, K. J. (2007, January). Clinical implications of spiritual/religious concerns with GLBT clients. Poster presented at the annual Texas A&M University Educational Research Exchange, College Station, TX.

Reichert, A. D., Boulos, S. A., Yu, J. J., Haedge, K., Pezent, G. D., Collins, A. B., Leinberger, K. J., & Duffy, M. (2006, November). Critical religious issues in therapy with GLBT clients. Presented in symposium *Religious and developmental issues in psychotherapy with GLBT clients* at the Texas Psychological Association Annual Conference, Dallas, TX

Yu, J. J. (2006, November). Experiences of Students of Asian Descent in Graduate Psychology Programs. Presented in symposium *Experiences of Racial and Ethnic Minorities in Graduate Psychology Programs* at the Texas Psychological Association Annual Conference, Dallas, TX.

OTHER WORK EXPERIENCE

Singapore Technologies Assembly and Test Services

Austin, Texas

2001 – 2003

Technical Programs Manager

ChipPAC, Inc.

Santa Clara, California

1997 – 2001

Field Application Manager

Alphatec Group

Santa Clara, California

1996 – 1997

Technical Programs Manager/Member of Technical Staff, Package Development

MicroUnity Systems Engineering, Inc.

Sunnyvale, California

1995 – 1996

Senior Packaging Process Engineer

Microelectronics and Computer Technology Corp. (MCC)

Austin, Texas

1990 – 1995

Packaging Process Engineer/Associate Member of Technical Staff