Abdominal Pain

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Diagnostic Radiology, RAD 4001



Clinical History

- 66y.o. male with PMH of a renal transplant 30+ years ago currently on cyclosporine and prednisone, HTN, and HLD who presents with abdominal pain and NBNB vomiting that started a few weeks ago
- T: 101.6, HR: 133, BP: 114/75, O2 sat: 96% on RA
- Physican exam
 - Abdomen soft, with hepatomegaly
 - No cervical, supraclavicular, axillary or inguinal lymphadenopathy
 - CV, Lungs, neuro exams wnl
- Labs
 - TB: 1.6, ALP: 691
 - WBC: 15.7, Hgb: 7.3

US Abdomen



CT Abdomen and Pelvis w/ Contrast



Key Imaging Findings

• U/S: hepatomegaly with innumerable hepatic lesions replacing the entire liver parenchyma, normal caliber CBD

• CT:

- Hepatomegaly (22.7 cm) with lesions showing central necrosis; mass obliterate plane between stomach and liver
- Pancreas: heterogeneously enhancing 7.8 cm x 7.4 cm x 4.6 cm mass in the body and tail of the pancreas

Differential Diagnosis

- Pancreatic cancer with metastasis to liver
- Liver abscesses
- Pancreatic cyst

Discussion

- Pancreatic cancer
 - 4th leading cause of cancer-related death
 - Pancreatic metastases from other primary malignancies are rare ¹
 - Most common: adenocarcinoma, 85% ¹
- Diagnostic approach
 - Imaging → biopsy

Final Diagnosis

• Pancreatic neuroendocrine tumor, possibly stage IV

Prognosis

- Grade 1 rectal NET had a median survival >30 years
- Median survival with distant metastases was 50 months
- Five year overall survival after surgery resection was 59.3% ²

ACR appropriateness Criteria

- Median cost of CT: \$400 3
- Median cost of US Abdomen: \$200³

Variant 1:	Acute nonlocalized abdominal pain and fever. No recent surgery. Initial imaging.		
	Procedure	Appropriateness Category	Relative Radiation Level
CT abdomen and pelvis with IV contrast		Usually Appropriate	888
MRI abdomen and pelvis without and with IV contrast		May Be Appropriate	0
US abdomen		May Be Appropriate	0

Take Home Points

- Imaging does not reveal primary type of tumor
- Helpful for the staging of cancer
- Multidisciplinary approach

References

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- 2. Bilimoria, KY, et al. Prognostic Score Predicting Survival After Resection of Pancreatic Neuroendocrine Tumors: Analysis of 3851 Patients, Annals of Surgery: March 2008 Volume 247 Issue 3 p 490-500
- 3. Arvind Vijayasarathi, C., et al. How Much Do Common Imaging Studies Cost? A Nationwide Survey of Radiology Trainees. American Journal of Roentgenology 2015 205:5, 929-935

