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EDUCATION (highest level first)

<u>Degree</u>	Institution (location)	<u>Date</u>
Doctor of Nursing Practice	The University of Texas Health Science Center at Houston, School of Nursing, Houston, Texas	2016
Master of Science in Nursing in Nurse Anesthesia	The University of Texas Health Science Center at Houston, School of Nursing, Houston, Texas	2011
Bachelor of Science in Nursing	The University of Texas at Austin, School of Nursing, Austin, Texas	2006
Associate of Science, Biology	Blinn College, Brenham, Texas	2000

LICENSURE & CERTIFICATION

RN No.	<u>State</u>	Expiration Date
737835	Texas	06/30/2021
AP120524	Texas	06/30/2021
Certificate (write out)	Certifying Body	Inclusive Date
Certified Registered Nurse Anesthetist	National Board of Certification and Recertification for Nurse Anesthetists	2017 – 2021
Certified Healthcare Simulation Educator	Society for Healthcare Simulation	2019 – 2022
Advanced Cardiac Life Support	American Heart Association	2020 – 2022
Basic Cardiac Life Support	American Heart Association	2020 – 2022
Pediatric Advanced Life Support	American Heart Association	2020 - 2022

PROFESSIONAL EXPERIENCE (past to current)

Institution	Position title	<u>Inclusive Dates</u>
Houston Methodist Hospital	Summer Student Professional Nurse	5/2006-8/2006
Houston Methodist Hospital	Registered Nurse	1/2007-1/2009
Greater Houston Anesthesiology	Certified Registered Nurse Anesthetist	7/2011-10/2013

Greater Houston Anesthesiology	Clinical Preceptor/Clinical Coordinator	11/2011-10/2013
Medical Anesthesia Associates	Certified Registered Nurse Anesthetist	10/2013-10/2014
MD Anderson Cancer Center	Certified Registered Nurse Anesthetist	11/2014-10/2015
UTHealth, Cizik School of Nursing	Teaching Associate, Nurse Anesthesia	10/2014-present
Greater Houston Anesthesiology	Certified Registered Nurse Anesthetist	10/2015-9/2016
U.S. Anesthesia Partners	Certified Registered Nurse Anesthetist	9/2017-present

HONORS & AWARDS (past to current)

<u>Award</u>	Awarding Organization	<u>Date</u>
President's Scholar	Blinn College	Fall 1998
President's Scholar	Blinn College	Spring 1998
Phi Theta Kappa Honor Society	Blinn College	Spring 1998
President's Scholar	Blinn College	Spring 1999
Mu Alpha Theta Math Honor Society	Blinn College	Spring 1999
University Honors	University of Texas at Austin	Fall 2003
Gamma Beta Phi	University of Texas at Austin	Spring 2004
University Honors	University of Texas at Austin	Fall 2004
Dwight D. Book Scholarship	University of Texas at Austin	Fall 2004
University Honors	University of Texas at Austin	Spring 2005
University Honors	University of Texas at Austin	Fall2005
Leila Tannous Endowed Scholarship in Nursing	University of Texas at Austin	Fall 2005
College Scholar	University of Texas at Austin	2005
Sigma Theta Tau Honor Society	University of Texas at Austin	2005
University Honors	University of Texas at Austin	Spring 2006
Leila Tannous Endowed Scholarship in Nursing	University of Texas at Austin	Spring 2006
President's Scholar	University of Texas at Austin	2006
Distinguished College Scholar	University of Texas at Austin	2006
Mitzi I. Dreher Endowed Presidential Scholarship	University of Texas at Austin	2006

GRANTS

Research Grants (past to current)

Improving student nurse anesthetist's communication skills using simulated high-risk, low occurrence events, PARTNERS, Role in writing of grant as well as participating in simulation sessions and developing SNAPPI module/survey (Kristen Starnes-Ott), \$21,249.00, 2015-2017.

PUBLICATIONS/PRESENTATIONS

Regional/State (past to current)

- Blok, A. K. (2015, March). <u>Speak to be heard: Improving communication through simulation</u>. Invited presentation at the Texas Association of Nurse Anesthetists (TANA) Spring Conference, San Antonio, Texas.
- Blok, A. K. (2015, August). <u>Death due to inadequate communication</u>. Invited presentation at the Texas Association of Nurse Anesthetists (TANA) Fall Conference, Plano, Texas.
- Blok, A. K. (2017, November). <u>Nurse Anesthesia Graduate Opportunities at Cizik School of Nursing</u>. Invited presentation at Texas Woman's University School of Nursing, Houston, Texas.
- Arnaud, M., Lewis, M., Dishman, D., Blok, A., & Slivinski, P. Development, Outcomes and Impacts of the UTHealth Cizik School of Nursing post-BSN to DNP Nurse Anesthesia Program: Lessons Learned from the Inaugural Cohort. The University of Texas Kenneth I. Shine, MD, Academy of Health Science Education 2019 Innovations in Health Science Education Annual Conference; Austin, TX; February 21-22, 2019. Poster presentation.
- Casilang, G., Eisa, L., Snyder, N., & Blok, A. (2020). Improving patient handoffs in the postanesthetic setting: A systematic review. Manuscript submitted for publication.

PROFESSIONAL SERVICE

Professional Memberships

Texas Association of Nurse Anesthetists, current

American Association of Nurse Anesthetists, current

Committess and Councils

Texas Association of Nurse Anesthetists Finance Committee Member, 2017-2018

Texas Association of Nurse Anesthetists Resolutions and By-laws Committee Member, 2017-2018

Cizik School of Nursing Scholarship Committee Member, 2017-2018

Cizik School of Nursing Doctor of Nursing Practice Council Member, 2017-2018

Texas Association of Nurse Anesthetists Public Relations Committee, 2018-2019

Texas Association of Nurse Anesthetists Education Committee, 2018-2019

Cizik School of Nursing Scholarship Committee, 2018-2019

Cizik School of Nursing Doctor of Nursing Practice Council, 2018-2019

Cizik School of Nursing Faculty Life Council, 2019-2020

Texas Association of Nurse Anesthetists Board of Directors, 2019-2021

Cizik School of Nursing Scholarship Committee, 2019-2020

Cizik School of Nursing Doctor of Nursing Practice Council, 2019-2020

Texas Association of Nurse Anesthetists Education Committee, 2019-2020

Texas Association of Nurse Anesthetists Public Relations Committee, 2019-2020

Texas Association of Nurse Anesthetists Education Committee, 2020-2021

Texas Association of Nurse Anesthetists Government Relations Committee, 2020-2021

OPTIONAL APPENDICES

Courses Taught (past to current)

University of Texas Health Science Center at Houston, Pharmacology and Chemistry for Nurse Anesthesia (5517B), 4 credits, lectured on selected content, Spring 2014, didactic course.

University of Texas Health Science Center at Houston, Fundamentals of Nurse Anesthesia Practice II (N5586), 6 credits, lectured on selected content, Fall 2014, didactic course.

University of Texas Health Science Center at Houston, NA Clinical Practicum I, Post-Clinical Conference (N5587), 2 credits, participated in post-conference sessions and simulation sessions, Spring 2015, didactic course.

University of Texas Health Science Center at Houston, Principles of Nurse Anesthesia (N6405), 6 credits, lectured on select content and participated in case discussions, Summer 2015, Summer 2016, Summer 2017, didactic course.

University of Texas Health Science Center at Houston, Principles of Nurse Anesthesia Lab (N6405B), 1 credit, participated in simulation lab training for students, Summer 2016, Summer 2017, didactic course.

University of Texas Health Science Center at Houston, NA Clinical Practicum II, Post-Clinical Conference (N5588), 2 credits, participated as assistant faculty in post-conference and evaluated student presentations, Summer 2015, didactic course.

University of Texas Health Science Center at Houston, Clinical Practicum Seminar, Simulation Lab (N5541), 10 credits, participated in conducting simulation lab sessions, Spring 2016, clinical course.

University of Texas Health Science Center at Houston, Seminar I, Simulation Lab (N6410), 10 credits, participated in conducting simulation lab sessions, Spring 2016, clinical course.

University of Texas Health Science Center at Houston, Advanced Fundamentals of Nurse Anesthesia Practice (N6408), 6 credits, lectured on selected content and participated in case discussions as co-lead instructor, Fall 2015, Fall 2016, didactic course.

University of Texas Health Science Center at Houston, Advanced Fundamentals of Nurse Anesthesia Practice Lab (N6408B), 1 credit, participated in simulation lab training for students, Fall 2016, didactic course.

University of Texas Health Science Center at Houston, Evidence Based Practice-Principles (N6807), 3 credits, assisted in grading student's course work as needed, Fall 2016, didactic course.

University of Texas Health Science Center at Houston, Clinical Scholarship Portfolio in Nurse Anesthesia (N6430), advised a small group of BSN-DNP students for the DNP project, graded assignments required in the course, attended presentations/posters for DNP coursework, Fall 2016, Spring 2017, Summer 2017, didactic course.

Cizik School of Nursing, Advanced Fundamentals of Nurse Anesthesia Practice (N6408), 6 credits, lectured on selected content and participated in case discussions as instructor, Fall 2017, didactic course.

Cizik School of Nursing, Advanced Fundamentals of Nurse Anesthesia Practice Lab (N6408B), 2 credits, participated in simulation lab training for students, Fall 2017, didactic course.

Cizik School of Nursing, Evidence Based Practice-Principles (N6807), 3 credits, assisted in grading student's course work as needed, Fall 2017, didactic course.

University of Texas Health Science Center at Houston, Clinical Scholarship Portfolio in Nurse Anesthesia (N6430), advised a small group of BSN-DNP students for the DNP project, graded assignments required in the course, attended presentations/posters for DNP coursework, Fall 2017, Spring 2018, Summer 2018, didactic course.

Cizik School of Nursing, Clinical Practicum Seminar, Simulation Lab (N6416), 2 credits, participated in post-conference lecture and simulation lab sessions, Spring 2018, clinical course.

Cizik School of Nursing, Advanced Pharmacology and Pharmacogenetics for Nurse Anesthesia (N6403), 4 credits, presented wellness modules required by COA, Spring 2018, didactic course.

Cizik School of Nursing, Principles of Nurse Anesthesia (N6405), 6 credits, lead faculty for lecture and content, Summer 2018, didactic course.

University of Texas Health Science Center at Houston, Clinical Scholarship Portfolio in Nurse Anesthesia (N6430), advised a small group of BSN-DNP students for the DNP project, graded assignments required in the course, attended presentations/posters for DNP coursework, Fall 2016, Spring 2017, Summer 2017, Spring 2018, Summer 2018, Fall 2018, Spring 2019, Summer 2019, Fall 2019 didactic course.

Cizik School of Nursing, Advanced Fundamentals of Nurse Anesthesia Practice (N6408), 6 credits, lectured on selected content and participated in case discussions as instructor, Fall 2018, didactic course.

Cizik School of Nursing, Advanced Fundamentals of Nurse Anesthesia Practice Lab (N6408B), 2 credits, participated in simulation lab training for students, Fall 2018, didactic course.

Cizik School of Nursing, Evidence Based Practice-Principles (N6807), 3 credits, assisted in grading student's course work as needed, Fall 2018, didactic course.

Cizik School of Nursing, Clinical Practicum Seminar, Simulation Lab (N6416), 2 credits, participated in post-conference lecture and simulation lab sessions, Spring 2019, clinical course.

Cizik School of Nursing, Advanced Pharmacology and Pharmacogenetics for Nurse Anesthesia (N6403), 4 credits, presented wellness modules required by COA, Spring 2019, didactic course.

Cizik School of Nursing, Principles of Nurse Anesthesia (N6405), 6 credits, lead faculty for lecture and content, Summer 2019, didactic course.

Cizik School of Nursing, Seminars in Nurse Anesthesia II (N6413), 2 credits, lead faculty, Fall 2019, didactic course.

Cizik School of Nursing, Advanced Fundamentals of Nurse Anesthesia Practice (N6408), 6 credits, lectured on selected content and participated in case discussions as instructor, Fall 2019, didactic course.

Cizik School of Nursing, Clinical Practicum Seminar, Simulation Lab (N6416), 2 credits, participated in post-conference lecture and simulation lab sessions, Spring 2020, clinical course.

Cizik School of Nursing, Essentials of Nurse Anesthesia Practice (N6407), 2 credits, lead faculty for lecture and content, Spring 2020, didactic course.

Cizik School of Nursing, Advanced Pharmacology and Pharmacogenetics for Nurse Anesthesia (N6403), 4 credits, presented wellness modules required by COA, Spring 2020, didactic course.

Cizik School of Nursing, Principles of Nurse Anesthesia (N6405), 6 credits, lead faculty for lecture and content, Summer 2020, didactic course.

Cizik School of Nursing, Seminars in Nurse Anesthesia II (N6413), 2 credits, lead faculty, Fall 2020, didactic course.

Cizik School of Nursing, Advanced Fundamentals of Nurse Anesthesia Practice (N6408), 6 credits, lectured on selected content and participated in case discussions as instructor, Fall 2020, didactic course.

Cizik School of Nursing, Advanced Pharmacology and Chemistry for Nurse Anesthesia (N6402), 4 credits, lectured on assigned content, Fall 2020, didactic course.

Cizik School of Nursing, Clinical Practicum Seminar III, Simulation Lab (N6416), 2 credits, participated in post-conference lecture and simulation lab sessions, Spring 2021, clinical course.

Cizik School of Nursing, Essentials of Nurse Anesthesia Practice (N6407), 2 credits, lead faculty for lecture and content, Spring 2021, didactic course.

Cizik School of Nursing, Advanced Pharmacology and Pharmacogenetics for Nurse Anesthesia (N6403), 4 credits, presented wellness modules required by COA, Spring 2021, didactic course.

<u>List of Project/Thesis/Dissertation Advisees (past to current)</u>

- University of Texas Health Science Center at Houston, <u>Structured debriefing and self-evaluation protocol</u>
 <u>in CRNA student evaluation lab experience</u>, Doctor of Nursing Practice, degree awarded August 2016, DNP graduate.
- University of Texas Health Science Center Cizik School of Nursing, <u>The Effects of Barcode Medication</u>

 <u>Administration on Medication Error Rates</u>, Doctor of Nursing Practice, degree awarded May 2018, DNP advisor.
- University of Texas Health Science Center Cizik School of Nursing, <u>Implementing a Local Anesthetic</u>

 <u>Cognitive Aid and Local Anesthetic Systemic Toxicity Treatment Kit</u>, Doctor of Nursing Practice, degree awarded May 2019, DNP advisor.
- University of Texas Health Science Center Cizik School of Nursing, <u>Evidence-based Standardization of the Anesthesia Cart to Promote Patient Safety in the Magnetic Resonance Imaging Suite</u>, Doctor of Nursing Practice, degree awarded May 2020, DNP advisor.
- University of Texas Health Science Center Cizik School of Nursing, <u>Role in Telehealth in Improving Pre-Anesthesia Assessment Efficiency and Patient Satisfaction</u>, Doctor of Nursing Practice, degree awarded December 2020, DNP advisor.
- University of Texas Health Science Center Cizik School of Nursing, Improving Patient Handoffs in the Postanesthetic Setting: A Systematic Review, Doctor of Nursing Practice, degree awarded May 2021, DNP advisor.