# Veronica J. Brady, PhD, RN, FNP-BC, BC-ADM, CDCES 6901 Bertner Suite 642 Houston, TX 77030 Email: veronica.j.brady@uth.tmc.edu

# **EDUCATION**

PhD	University of Texas Health Science Center At Houston Houston, TX 77030	2015
MSN	University of Detroit-Mercy Detroit, MI	1999
BSN	Wayne State University Detroit, MI	1986

# **LICENSURE & CERTIFICATION**

RN No.	State	<b>Expiration Date</b>
4704158501	Michigan	09/16/2021
737608 APRN001909	Texas Nevada	08/31/2021 08/31/2020
<b>Certificate</b> Family Nurse Practitioner	<b>Certifying Body</b> American Nurses Credentialing Center	Inclusive Date 07/31/2025
Certified Diabetes Educator	National Certification Board for Diabetes Educators	12/31/2024
Board Certification in Advance Diabetes Management	American Association of Diabetes Educators	12/10/2024
PROFESSIONAL EXPERIENCE		

Institution	Position title	Inclusive Dates
Providence Hospital Southfield, MI	Staff Nurse	1986-1988

Providence Hospital Southfield, MI	Rad Onc Nurse	1988-1990
Providence Hospital Southfield, MI	Nurse Manager	1990-1992
Santa Monica Hospital Santa Monica, CA	Nurse Manager	1992-1993
Sinai Hospital Detroit, MI	Rad Onc Nurse	1993-1997
Botsford Hospital Farmington Hills, MI	Staff Nurse	1997-1998
St Johns Health System Detroit, MI	Nurse Practitioner School based clinic	1999-2000
Vista Maria Dearborn, MI	Director of Health Services	2000-2002
University of Detroit-Mercy Detroit, MI	Adjunct faculty	2002 - 2004
Labor Source 2000 Southfield, MI	Nurse/Case Manager	2002-2006
Henry Ford Health System Internal Medicine Detroit, MI	Nurse Practitioner	2002-2006
University of Michigan Project CHOICES Ann Arbor, MI	Nurse Practitioner	2006-2007
The University of Texas MD Anderson Cancer Center Houston, TX	Nurse Practitioner	2007-2015
University of Nevada, Reno School of Medicine (UNR Med) Reno, NV	Associate Professor Nurse Practitioner Program Coordinator Diabetes Self- Management Education (DSME)/ Diabetes Self-Management Program (DSMP)	2015-2019

University of Nevada School of Nursing Reno, NV	Adjunct clinical faculty	2016-2019
University of Texas School of Nursing Houston, TX	Asst Professor-Clinical	2019-present
University of Texas MD Anderson Cancer Center	Nurse Practitioner	2019- present

# HONORS & AWARDS

Award	Awarding Organization	Date
RecipientLoretta Ford Nurse Practitioner Award	University of Detroit-Mercy	1999
Invest in Quality Grant	Amgen	2003
Pinnacle Award Winner— Excellence in Diabetes Care	Novo-Nordisk	2004
Best Practices (in Diabetes Care) Award Recipient	AMGA	2006
Recipient of Outstanding Patient Educator Award	UT MD Anderson Cancer Center	2007
Nominee Clinical Excellence Award	UT MD Anderson Cancer Center	2013
Sigma Theta Tau		2012
Honorable Mention for Excellence in Advancing Nursing Science Award	American Association of Colleges of Nursing	2015
Harris County Clinic Excellence Award	University of Texas-HSC	2016
PhD Student Writing Award	University of Texas-HSC	2016

### **Oncologic Emergency Conference**

### **GRANTS**

### **Research Grants**

Faculty Development Award (\$5000)University of Nevada, Reno SOM2015Funds used to study continuous glucose monitoring in patients with type 1 and 2 diabetes to improveoverall glycemic control by: 1. determining if patient has hypoglycemia unawareness; 2. detecting glucosevariability that is not captured by SMBG; 3. determining the effects of diet, exercise and insulin therapy onday-to-day blood glucose valuesvariability that is not captured by SMBG; 3.variability that is not captured by SMBG; 3.

### **Other Funded Projects Including Contracts for Service**

Grant from Dignity Health & St. Rose Dominican Hospitals for the development of DSME program at UNR Med- \$17,000 2016-2017

Funds used to administer the Diabetes Self-Management Education program. The program is one of 3 AADE recognized programs in Northern Nevada. The program will provide education to patients with T1DM, T2DM and their significant others. Being a certified program will allow for billing of these services. Also, offering these services is an additional way that we can contribute to keeping Nevadans healthy.

### PUBLICATIONS

### Peer Reviewed Publications (past to current)

- Brady, V.J. (2012). Vitamin D deficiency: Beyond bone health. *Clinical Advisor* (15), 9. 20-26
- 2. Brady, V.J. (2013). Management of hyperglycemia in the intensive care unit: When glucose reaches critical levels. *Critical Care Nursing Clinics of North America*, (25) 1.7-13. doi: .org/10.1016/j.ccell.2012.11.003
- Olausson, J., Hammer, M. Brady, V., (2014). The impact of hyperglycemia on hematopoietic cell transplantation outcomes. *Oncology Nursing Forum* 41(5) E302– E312. doi:10.1188/14.
- Hershey, D.S., Leak, A., Olausson, J. Davis, E., Brady, V., Hammer, M. (2014). Hyperglycemic-inducing neoadjuvant agents used in treatment of solid tumors: A review of the literature. *Oncology Nursing Forum 41*(6), E343-E354. doi: 10.1188/14.

- Brady, V.J., Grimes, D., Armstrong, T., Wood, G. (2014). Management of steroidinduced hyperglycemia in hospitalized patients with cancer: A review. *Oncology Nursing Forum* 41(6), E355-E365. doi: 10.1188/14.
- Brady,V., Thosani, S., Zhou, S., Bassett, R., Busaidy, N.L., & Lavis, V. (2014). Safe and effective dosing of basal-bolus insulin in patients receiving high dose steroids for hyper-CVAD chemotherapy. *Diabetes Technology and Therapeutics*. doi: 10.1089/dia.2014.0115
- Storey, S. Brady, V., Leak, A. Davis, E., Hammer, M., Hershey, D., Olausson, J., Seley, J. (2016). Controlling malglycemia in patients undergoing treatment for cancer. *Clinical Journal of Oncology Nursing 20*(1). doi 10.1188/16.CJON.92-94
- 8. Brady, V. (2017). Insulin Therapy-The old, the new and the novel-An Overview. *Nursing Clinics of North America*.
- Hammer, M., Storey, S., Soltow-Hershey, D., Brady, V., Davis, E., Mandolfo, N., Leak-Bryant, A., Olausson, J. (2019) Hyperglycemia and Cancer: A State-of-the-Science Review. Oncology Nursing Forum 46 (4). doi: 10.1188/19.ONF.459-472

### Non-Peer Reviewed Publications

**Brady, V.J**., Living With Diabetes and Cancer. *Coping with Cancer Magazine*. Jan/Feb, 2010. Volume 24, Issue 1

Sanders, M.E., **Brady, V.J.**, Stuhr, R.M., & Thomas, K. Prediabetes: At the Crossroads. *The Journal on Active Aging*. May/June 2018. 75-88

**Brady, V.J.** Diabetes in older adults: Should we worry? *The Journal of Active Aging*. November/December 2018.

### **Books & Chapters**

**Brady, V.** (2019). Endocrine Toxicities. In Olsen, M. LeFebvre, K. & Brassil, K (Eds). *Chemotherapy and Immunotherapy Guidelines and Recommendations for Practice* (pp.525-534). Pittsburg, PA: ONS

### Media & Other Creative Products

Project ECHO-Diabetes & Endocrinology-Telehealth, Reno, NV

Poster: Fast 50 Facts! Prediabetes and Type 2 Diabetes Prevention. Sanders, M.E., **Brady, V.J**., Stuhr R.M., & Thomas, K. 2018.

Media appearance- Channel 2- Ask the Doctor-Pre-diabetes, 2/11/2019

### Peer Reviewed Abstracts

Davis, E.D., Danciu, E., **Brady, V.**, Bryant, A.L. Diabetes Education in Oncology: Provider and Patient Collaborative Approach to Improve Outcomes. American Association of Diabetes Educators Annual Meeting. Abstract submitted for presentation Aug 6-9, 2014.

**Brady, V.**, Hammer, M., Olausson, J., Soltow-Hershey, D., Leak. A., Davis, E. Management of Type 2 Diabetes in Patients with Cancer. ONS Congress, Anaheim, CA. Abstract submitted for presentation May 1-4, 2014.

Davis, E. D., Olausson, J. M., Hershey, D. S., **Brady, V**., Leak, A. (August 2013). Glycemic control in people with cancer [GCPC]: Building relationships in diabetes and cancer care. Annual Meeting of the American Association of Diabetes Educators, Philadelphia, PA.

Brady, V. (2014). The Role of Diabetes Certified Advance Practice Nurse in a Cancer Institution.

### PRESENTATIONS

### **International**

2/09 - Safe and Effective Starting Doses of Multiple Dose Insulin for Patients Receiving High Dose Steroids. Poster Presented at Diabetes Technology and Therapeutics (DTT) meeting, Athens, Greece

### <u>National</u>

11/12 - Cancer treatment and glycemic control in patients with diabetes and solid tumor cancers: A Literature Review. Poster presented at Oncology Nursing Society, Connections: Advancing Cancer Care through Science, Phoenix, AZ.

6/12 - Safe and effective dosing of basal-bolus insulin in patients receiving high dose steroids for hyper-CVAD chemotherapy. Poster presented at American Diabetes Association 74<sup>th</sup> Scientific Sessions, San Francisco, CA

8/13 - Glycemic control in people with cancer [GCPC]: Building relationships in diabetes and cancer care. Poster presented at Annual Meeting of the American Association of Diabetes Educators, Philadelphia, PA.

8/14 - Diabetes Education in Oncology: Provider and Patient Collaborative Approach to Improve Outcomes. Poster presented at American Association of Diabetes Educators Annual Meeting, Orlando, Florida.

8/16- Diabetes and Cancer: Podium presentation at Annual Meeting of American Association of Diabetes Educators, San Diego, CA.

9/16-Diabetes and Cancer: Podium presentation at Annual State of the Science-Council for the Advancement of Nursing Science Meeting, Washington, DC

8/17-Role of CGM in management of hypoglycemia following gastric bypass: Podium presentation at Annual Meeting of American Association of Diabetes Educators, Indianapolis, IN

4/18- Cancer and Diabetes: Podium Presentation at Annual Meeting-Oncology Nutrition Dietic Practice Group, Minneapolis, MN (Invited speaker)

5/18-Using CGM for non-diabetic endocrine issues: An Effective weapon- Pediatric Endocrinology Nursing Society, Bonita Springs, FL. (Invited speaker)

8/18-Use of group visits to provide prenatal care to patients with diabetes. Poster presented at Annual Meeting of the American Association of Diabetes Educators, Baltimore, MD

# **Regional/State**

6/08 - Safe and Effective Starting Doses of Multiple Dose Insulin for Patients Receiving High Dose Steroids. Poster Presented at Multinational Association for Supportive Care in Cancer (MASCC) meeting, Houston, TX

### Local- Nevada

5/14 - Steroid induced hyperglycemia in patients with mantle cell lymphoma treated at MDACC. Poster presented at General Internal Medicine Annual Research Retreat, Houston, TX.

6/14- Diabetes and Cancer-Podium presentation for Physician Assistance Continuing Education (PACE) at MD Anderson Cancer Center, Houston, TX

9/14- Pharmacology Update: Diabetes—Nurse Practitioner CEU-MD Anderson Cancer Center, Houston, TX

3/16-Management of T2DM—From orals to insulin— Podium Presentation-NAPNA North Symposium-Reno, NV

3/17- Diabetes Medications with Cardiovascular Benefits--Podium Presentation- NAPNA North Symposium – Reno, NV

10/17- Insulin therapy—Then and now-Podium Presentation, PCCHA, Reno, NV

10/17-Diabetes Best Practices-Podium Presentation- Nevada Primary Care Association-2017 Annual Conference, Reno, NV

12/17- Diabetes Complications and Treatment-Podium Presentation – NvHIMA Coding Roundtable, Reno, NV

3/18- Diabetes Update--Podium Presentation- NAPNA North Symposium – Reno NV

5/18- Endocrine Disorders-Podium Presentation—NvHIMA Coding conference, Reno, NV

3/2019-Diabetes Update: 2019 Standards of Care—Nevada Chronic Disease Summit, Reno, NV

### Local- Texas

10/19- Diabetes Medications in 2019: What's New?—North Harris Montgomery Advanced Practice Nurse Society 2<sup>nd</sup> Annual Fall Conference, Conroe,TX

9/20- Sodium Glucose Co-Transporter -2 Inhibitors: Not Just for Diabetes Anymore—Texas Nurse Practitioners 32<sup>nd</sup> Annual Conference-Dallas, TX (virtual)

### TEACHING

State- Nevada

8/15- Continuous Glucose Monitoring-Diabetes ECHO-Project ECHO-UNR Med, Reno, NV

4/16- Insulin therapy: What's new—Diabetes ECHO-Project ECHO- UNR Med, Reno, NV

5/17-SGLT-2 Therapy—Diabetes ECHO- Project ECHO, UNR Med, Reno, NV

5/17-Diabetes Management in Older Adults—Geriatric ECHO-Project ECHO, UNR Med, Reno, NV

10/17-Diabetes in the Older Adult: Looking beyond the numbers-Lecture—Geriatric Lecture Series, Sanford Center for Aging, UNR Med, Reno, NV

1/18- Basal-bolus Insulin Therapy—Diabetes ECHO- Project ECHO, UNR Med, Reno, NV

4/18- Adjunctive Therapy: When is it Needed?- Diabetes ECHO-Project ECHO, UNR Med, Reno, NV

6/18-GLP-1 Receptor Agonist: Should I try it?—Diabetes ECHO-Project ECHO, UNR Med, Reno, NV

9/18-SGLT2 inhibitors—Diabetes ECHO- Project ECHO, UNR Med, Reno, NV

2/2019- Gestational Diabetes – Diabetes ECHO- Project ECHO, UNR Med, Reno, NV

3/2019- Diabetes Management Series: From Self-management to Assisted management-Geriatric lecture series-Project ECHO, UNR Med, Reno, NV

5/19—Diabetes Update: 2019 Standards of Care—Diabetes ECHO-Project ECHO, UNR Med, Reno, NV

#### UNR Med

8/15- Diabetes Medications—Podium Presentation- GIM- Grand Rounds

8/17-Inpatient Diabetes Management: A practical approach- Podium Presentation GIM Grand Rounds, Reno, NV

### Residents - Nevada

8/15- Inpatient Glycemic Control- Podium Presentation- Resident Lecture-noon conference; Renown Hospital, Reno, NV

8/16- Inpatient Glycemic Control- Podium Presentation- Resident Lecture-noon conference; Renown Hospital, Reno, NV

4/17-Diabetes Medications-Family Practice Resident Lecture-UNR Med, Reno, NV

5/17-Insulin Therapy—Family Practice Resident Lecture- UNR Med, Reno, NV

10/17- Insulin Therapy—Lecture- DIME Study Residents, UNR Med, Reno, NV

2/19- Diabetes—Med Student Lecture, UNR Med, Reno, NV

2/19- Diabetes Management--Family Practice Resident Lecture-UNR Med, Reno, NV

### **Orvis School of Nursing**

11/15-Chronic Disease Management-Diabetes-Podium Presentation-Family Nurse Practitioner Students-UNR-Reno, NV

12/16-Chronic Disease Management-Diabetes-Podium Presentation-Family Nurse Practitioner Students-UNR-SON, NV

10/17-Chronic Disease Management-Diabetes-Podium Presentation-Family Nurse Practitioner Students-UNR-SON, NV

4/18-Diabetes: A matter of the heart—Podium Presentation—Mae Orvis Symposium-UNR School of Nursing—Reno, NV

# **Cizik School of Nursing**

7/19- Diabetes Putting it all Together- Podium Presentation—Diagnostics-Graduate Nursing-UTCSON

# PROFESSIONAL SERVICE

# **Consultations**

University of Nevada-DIME study-2016 & 2017

# Media Spokesperson for AADE (2016 to present)

11/2016- Diabetes Forecast—patient provider relationship (published 2/2017) 2/2017- The Diabetes Council.com- online published interview 4/2017- WebMD—overcoming fears of self-injecting 6/2017-Newsmax Health- importance of blood glucose monitoring 6/2017-HealthMonitor (Diabetes Issue)-How to get patients with T2DM to take medications as prescribed 8/2017-EverydayHealth.com-Top diabetes management challenges answered 11/2017-AADE Holiday Tip Sheet 12/2017-US News and World Report-7 Stress Busting Holiday Tips for People with diabetes 12/2017-Healthy Women: Don't let diabetes ruin your holidays 12/2017-Doctor Radio "The Rehab Show" – Sirrus Radio – Diabetes and the Holidays 2/2018- Pharmacy Today-Diabetes and Ramada 4/2018-Costco Connection-Being Sick with Diabetes 6/2018-Diabetes Forecast-Hypoglycemia Unawareness 8/2018- Healthline—The state of Type 2 diabetes: When health becomes a full-time job 10/2018- On Track Diabetes- Dangers of Rationing Insulin 2/2019- KTVN Channel 2 News-Ask the Doctor- Pre-diabetes 9/2019- EverydayHealth.com-CBD for T2DM: What are the benefits and risk? 7/2020- diatribe - Women's Health: Diabetes and Periods 9/2020- EverydayHealth.com- Type 2 diabetes: Satisfy Your Sweet Tooth 9/2020- EverydayHealth.com- What Certified Diabetes Care and Education Specialist Want You to Known About Managing Type 2 Diabetes

### **Editorial Boards/Panels**

Peer reviewer Clinical Advisor 2014-2018

Peer reviewerDiabetes Therapeutics and Technology2014-2018Peer reviewerJournal of Diabetes2015- currentPeer reviewerDiabetes Spectrum2019-

# **Professional Service**

Association of Diabetes Care and Education SpecialistResearch Committee	Member	2016-present
Glycemic Oncology Nursing Cooperative Network Diabetes Spectrum	Member/Chair Editorial Board	2014-present 2019-present
Journal on Active Aging	Invited columnist	2018-present
DiaThrive	Blogger	2019-present
Association of Diabetes Care and Education Specialist	Board of Directors	2021-
Professional Memberships Association of Diabetes Care and Education Spe	ecialist	2007-present
Sigma Theta Tau International, Zeta Pi Chapte	r	2012-present
American Nurses Association	2014-present	
Council for the Advancement of Nursing Science	e	2016-2018
American Diabetes Association		2019-present
National League for Nursing		2019-
American Association of Colleges of Nursing		

# Institutional Service

Institution	Committee	Role	Inclusive Dates
Henry Ford Hospital	Mid-level Providers Council	President	2005
MD Anderson Cancer Center	Nurse Practitioner Orientation	Member	2007-2009
	Committee		

University of Nevada	Faculty Senate	Member	2018-2019
University of Nevada	Women in Medicine & Science	e Leadership	2018-2019
University of Nevada	Coordinator Diversity		2019
University of Nevada	ICS Operating Committee		2018-2019
Faculty Recruitment Com	UTH-CSON Research Dept		2019

### **Community Service** (past to current)

Organization	Committee	Role	Inclusive Dates
Camp Lotta Hope		Volunteer	2007
African Cancer Care Inc.		Volunteer	2010-2012
Lone Star Assoc. of Charitable Clinics		Volunteer	

### **OPTIONAL APPENDICES**

### Courses Taught

Lead Instructor, Advanced Health Assessment. University of Detroit-Mercy, 2002

Lead Instructor, Nursing Pathophysiology. University of Detroit-Mercy, 2004

Assistant Instructor, Evaluation & Application of Research-UTCSON, Fall 2019

Assistant Instructor, Nursing Research and Epidemiology for Evidence-Based Practice- UTCSON, Fall 2019

Assistant Instructor, Nursing Research and Epidemiology for Evidence-Based Practice for Advance Practice Nursing, Fall 2019

Co-Lead Instructor, Adv. Physical Examination & Differential Diagnosis-Didactic, UTCSON, Fall 2019

Lead instructor, Adv. Physical Examination & Differential Diagnosis-Didactic, UTCSON, Spring 2020

Lead Instructor, Nursing Research and Epidemiology for Evidence-Based Practice for Advance Practice Nursing, UTCSON, Spring 2020 Assistant Instructor, Nursing Research and Epidemiology for Evidence-Based Practice, UTCSON, Spring 2020

Lead instructor, Adv. Physical Examination & Differential Diagnosis-Didactic, UTCSON, Summer 2020

Lead Instructor, Nursing Research and Epidemiology for Evidence-Based Practice for Advance Practice Nursing, UTCSON, Summer 2020

Lead instructor, Adv. Physical Examination & Differential Diagnosis-Didactic, UTCSON, Fall 2020

Lead Instructor, Nursing Research and Epidemiology for Evidence-Based Practice for Advance Practice Nursing, UTCSON, Fall 2020

Assistant Instructor, Nursing Research and Epidemiology for Evidence-Based Practice, UTCSON, Fall 2020

Assistant Instructor, Scholarly Foundations, UTCSON, Fall 2020