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### **EDUCATION**

|     |  |      |
|-----|--|------|
| MSN | UT School of Nursing<br>Houston, TX.               | 2000 |
| MPH | UT School of Nursing<br>Houston, TX.               | 2000 |
| BSN | Texas A & M University<br>Corpus Christi, TX.      | 1995 |
| AND | Del Mar College<br>Corpus Christi, TX.             | 1986 |
| AA  | American Samoa Community College<br>American Samoa | 1983 |

### **LICENSURE & CERTIFICATION**

|                        |                                     |                 |
|------------------------|-------------------------------------|-----------------|
| RN No.                 | State                               | Expiration Date |
| 534383                 | TX                                  | June 2022       |
| Oncology Certified Ns. | Oncology Nrsing Certification Corp. | 1998-2010       |

### **PROFESSIONAL EXPERIENCE**

|  |                                |             |
|--|--------------------------------|-------------|
| Spohn Hospital, Corpus Christi, TX.                    | Staff/Charge nurse             | 1986 -1989  |
| Corpus Christi Medical Oncology<br>Corpus Christi, TX. | Clinical Nurse Manager         | 1989 – 1990 |
| Bee County College, Kingsville, TX.                    | Program Coordinator/Instructor | 1990 – 1996 |

|  |  |                |
|--|--|----------------|
| University of Texas M. D. Anderson Cancer<br>Houston, TX.      | Research Nurse                                 | 1996 – 1999    |
| Oncology Education Services / ONS<br>Austin, TX.               | Oncology Education Consultant                  | 1999 – 2005    |
| Health and Wellness Counseling<br>Houston, TX.                 | Private Practice                               | 2000 – Present |
| University of Texas M. D. Anderson Cancer Ctr.<br>Houston, TX. | Research Nurse II                              | 2007 - 2009    |
| Cizik School of Nursing at UTHealth<br>Houston, TX.            | Clinical Instructor<br>Community/Public Health | 2009 – Present |
| Cizik School of Nursing at UTHealth<br>Houston, TX.            | Power of Nursing Facilitator                   | 2017 - Present |
| University of St. Thomas, Houston, TX.                         | Mind/Body Relaxation Facilitator               | 2018 - 2020    |

#### **HONORS & AWARD**

| Award                                    | Awarding Organization           | Date |
|--|---------------------------------|------|
| Professional Nurse Traineeship Award     | University of Texas HSC Houston | 1996 |
| Mary Mazzaway Memorial Scholarship Award | Oncology Nursing Society        | 1998 |

#### **PUBLICATIONS**

##### Peer Reviewed Publications

- Frenkel M, Cohen L, Peterson N, Palmer JL, Swint K, Bruera E. (2010). Integrative Medicine Consultation Services in a Comprehensive Cancer Center. Integrative Cancer Therapies. Vol. 9(3):276-83
- Frenkel M, Lev Ari S, Engebretson J, Peterson N, Maimon J Cohen L, Kacen L. (2011). Activism among Exceptional Patients with Cancer. Supportive Care in Cancer. Vol.19(8):1125-32.
- Engebretson J, Peterson N, Frenkel M. (2013). Exceptional Patients: Narratives of Connections. Palliative and Supportive Care. Vol.12(4):269-276.
- Frenkel M, Engebretson J, Gross S, Peterson N, Popper Giveon A, Sapire K, Hermoni D.

(2016). Exceptional Patients and Communication in Cancer Care – Are we missing another survival Factor? Support Cancer Care. Vol.24(10):4249-55

Non Peer Reviewed Publications

Thorpe D., Arjona Peterson N., Hughes M., Scheetz J. (1998). *Strategies for Pain Management: Nonpharmacologic Approaches to Cancer Pain Management*. Roxane Laboratories, Inc

**PRESENTATIONS**

International

Peterson N. (03/2002). Sanando Nuestras Vidas: an experiential two-day seminar. Panama City, Panama.

Peterson N. (06/2008). La Sexualidad y el Paciente con Cancer. XVIII Congreso Internacional de Enfermeria Oncologica , 6/18 – 6/21. National Cancer Institute of Mexico, Campeche, Mexico. Invited.

Peterson, N. (09/2008). Sintomas Agudos y el “Toque Sanador”. VII Congreso Peruano de Dolor, 9/24-25. Peruvian Association for the Study of Pain. Lima, Peru. Invited.

Peterson N. (09/2008). Eticas Y Bioeticas en el Cuidado del Paciente con Cancer. VI Jornada de Enfermeria Oncologica, 9/26-27. National Cancer Institute of Colombia, Bogota, Colombia. Invited.

Peterson N. (09/2008). La Sexualidad y el Paciente con Cancer. VI Jornada de Enfermeria Oncologica, 9/26-27. National Cancer Institute of Colombia, Bogota, Colombia. Invited.

Peterson N. (09/2008). La Medicina Energetica: un Taller Interactivo. VI Jornada de Enfermeria Oncologica, 9/26-27. National Cancer Institute of Colombia, Bogota, Colombia. Invited.

Peterson, N. (09/2008). Terapias Complementarias y Calidad de Vida en Pacientes con Cancer. VII Congreso Peruano de Dolor, 9/24-25. Peruvian Association for the Study of Pain. Lima, Peru. Invited.

Peterson, N. (06/2009). Dilemas Eticos en la Practica de la Enfermeria Oncologica. XVIII Congreso Internacional de Enfermeria Oncologica , 6/18 – 6/21. National Cancer Institute of Mexico, Campeche, Mexico. Invited.

Peterson, N. (02/2011). Terapias Complementarias en el Tratamiento de Cancer Gastrico. 8a Reunion Internacional de Enfermeria Oncologica, Mexican National Cancer Institute. Leon, Guanajuato, Mexico. Invited.

Peterson N. (02/2011). Estrategias para el Control de Cancer Cervicouterino, Experiencia en USA.

8a Reunion Internacional de Enfermeria Oncologica, Mexican National Cancer Institute. Leon, Guanajuato, Mexico. Invited.

#### National

Johnson & Johnson. (05/2001). Strength for Caring Facilitator Training Program. Cancer Support Center of Lake Charles Memorial Hospital. Lake Charles, LA.

Johnson & Johnson. (06/2001). Strength for Caring: a comprehensive program for cancer caregivers. Lourdes Hospital, Lafayette, LA.

Peterson N. (04/2008). Weathering the Storm: it takes more than supplements. Victory in the Valley, Inc. 2008 Camp Victory Women's Weekend. Invited.

#### Regional/State

Oncology Nurse Educators / Oncology Education Services. (04/2001). Culturally Competent Strategies for Pain Management: Eliminating Pain in the 21<sup>st</sup> Century. Texas Medical Association. San Antonio, TX.

Oncology Nurse Educators / Oncology Education Services. (05/2001). Anemia in the Cancer Patient. Burzynski Clinic. Houston. TX.

Oncology Nurse Educators / Oncology Education Services. (08/2001). Assessment and Management of Cancer Pain. Clear Lake Oncology Nurses. Clear Lake, TX.

Oncology Nurse Educators / Oncology Education Services. (08/2001). Pain Management – Special Considerations in the Elderly Patient. St. Mary's Hospital. Port Arthur, TX.

Oncology Nurse Educators /Oncology Education Services. (08/2001). Pain Management and the Substance Dependent Patient. St. St. Joseph Regional Health Center. Clear Lake, TX.

Oncology Nurse Educators / Oncology Education Services. (06/2001). Managing Cancer Related Fatigue. Cancer Survivor Day Celebration. Central Texas Cancer Center. Bryan, TX.

Oncology Nurse Educators /Oncology Education Services. (06/2001). Culture and Pain Management. Nurse Oncology Education Program. San Antonio, TX.

Oncology Nurse Educators / Oncology Education Services. (09/2001). The Use of Complementary Therapies and the Oncology Patient. Nurse Oncology Education Program (NOEP). Kerrville, TX.

Oncology Nurse Educators / Oncology Education Services. (09/2001). Culture and Pain Management. Nurse Oncology Education Program (NOEP). Kerrville, TX.

Oncology Nurse Educators / Oncology Education Services. (09/2001). Managing Symptoms of Cancer Therapies. American Cancer Society's Dialogue Support Group. Bryan, TX.

Oncology Nurse Educators / Oncology Education Services. (12/2001). Pain Management: special considerations in the elderly. Health Management Forum. Beaumont, TX.

Oncology Nurse Educators / Oncology Education Services. (12/2001). Understanding Cancer Related Fatigue. Beaumont's Chapter of the Oncology Nursing Society. Beaumont, TX.

Oncology Nurse Educators / Oncology Education Services. (12/2001). Pain Management and the Substance Dependent Patient. Christus ST. Elizabeth Hospital. Beaumont, TX.

Oncology Nurse Educators / Oncology Education Services. (01/2002). Impact of Culture on Quality of Life at the End of Life. Nurse Oncology Education Program (NOEP). Bryan, TX.

Oncology Nurse Educators / Oncology Education Services. (02/2002). Impact of Culture on Quality of Life at the End of Life. Nurse Oncology Education Program (NOEP). Corpus Christi, TX

Oncology Nurse Educators / Oncology Education Services. (09/2001)( Oncology Education Services. (03/2002). Overview of Ovarian Cancer: Diagnosis and Treatment. Deke Slayton Cancer Center, Houston, TX.

Oncology Nurse Educators / Oncology Education Services. (05/2002). Anemia and Fatigue in the Oncology Patient. Christus St. Elizabeth Hospital, Beaumont, TX. Invited. Johnson & Johnson.

Johnson & Johnson. (05/2002). Strength for Caring: a comprehensive program for cancer caregivers. Christus St. Elizabeth Hospital, Beaumont, TX. Invited.

Oncology Nurse Educators / Oncology Education Services. (05/2002). Therapeutic Options for Cancer Pain. Christus St. Elizabeth Hospital, Beaumont, TX.

Oncology Nurse Educators / Oncology Education Services. (05/2002). Anemia and Fatigue in the Oncology Patient. Twelve Oaks Hospital, Houston, TX.

Peterson N. (11/2006). Moksha, a Women's Self-Care Retreat. South Padre Island, TX.

#### Local

Peterson, N. (06/2001). The Use of Complementary Therapies by Cancer Patients. Oncology Consultants. Houston, TX.

Oncology Nurse Educators / Oncology Education Services. (08/2001). Assessment and Management of Cancer Pain. ONCol Therapeutics. Houston, TX.

Oncology Nurse Educators / Oncology Education Services. (09/2001). Symptom Management of Cancer Therapies. U.T. M.D. Anderson Cancer Center, Houston, TX.

Peterson, N. (09/2001). Introduction to Healing Touch. Philipino Nurses Association. Houston, TX. Invited.

Johnson & Johnson. (09/2001). Strength for Caring: one-day seminar for caregivers. U.T. M.D. Anderson Cancer Center, Houston, TX.

Peterson, N. (10/2001). Relaxation and Symptom Relief Through Touch Therapies. Rice University Staff Diabetes Support Group. Houston, TX.

Oncology Nurse Educators / Oncology Education Services. (11/2001). Pain Management and the Substance Dependent Patient. Memorial Hermann N.W. Hospital. Houston, TX.

Peterson, N. (01/2002). Healing Touch for Self and Others. Ongoing monthly presentations for patients and caregivers. U.T. M.D. Anderson Cancer Center, Houston, TX.

Oncology Nurse Educators / Oncology Education Services. (03/2002). Overview of Ovarian Cancer: Diagnosis and Treatment. Burzinski Clinic. Houston, TX.

Oncology Nurse Educators / Oncology Education Services. (03/2002). Culture and Pain Management. North East Medical Center, Humble, TX. Invited.

Oncology Nurse Educators / Oncology Education Services. (03/2002). Management of Side Effects of Chemotherapy: a program for patients. U.T. M.D. Anderson Cancer Center, Houston, TX.

Peterson, N. (10/2006). Symptom Relief for the Brain Tumor Patient: Complementary Approaches. (Spanish ) Methodist Hospital, Houston, TX. Invited.

Peterson, N. (02/2007). Caregiver Training Workshop. National Brain Tumor Foundation. Methodist Hospital. Houston, TX. Invited.

Peterson, N. (02/2008). Integrative Medicine Clinic: first 100 patients. U.T. M.D. Anderson Cancer Center, Houston, TX.

Peterson, N. (07/2008). Bioenergetic Healing, Complementing Medical Care. National Youth Leadership Foundation, Houston, TX. Invited.

Peterson, N. (02/2009). Brain Tumors: Managing Symptoms at Home. National Brain Tumor Society's Caregivers Training Workshop. Methodist Hospital, Houston, TX. Invited.

Peterson, N. (04/2009). Healing Touch for Patients and Caregivers. PIKNIK at U.T. M.D. Anderson Cancer Center. Houston, TX.

Integrative Medicine Dept. (04/2009). Integrative Medicine for Cancer Patients. Diagnostic Imaging Nurses. U.T. M.D. Anderson Cancer Center, Houston, TX.

Peterson, N. (07/2008). Energy-Based Healing. National Youth Leadership Forum, Houston, TX. Invited.

Peterson, N. (09/2009). What Else Can I Do? Reducing Symptoms and Improving Quality of Life in Patients Through the Integration of Complementary Therapies. Texas Nurse Practitioners' 21<sup>st</sup> Annual Conference. The Woodlands, TX. Invited.

Peterson, N. (07/2019). Taking care of Me: Mind/Body Relaxation Tools for Life. Area Health Education Centers Houston East's Community Health Workers graduates. Houston, TX. Invited.

Peterson, N. (08/2019). Holistic Self-Care for Nursing Students. Cizik School of Nursing Students. Houston, TX.

Peterson, N. (10/2019). The Genius of Homeopathy, Part 1. Houston Study Chapter of the National Center for Homeopathy. Houston, TX.

Peterson N. (11/2019). The Genius of Homeopathy, Part 2. Houston Study Chapter of the National Center for Homeopathy. Houston, TX.

Peterson, N. (11/2020). Finding Balance and Relief from Stress. Community Health Workers class at Texas AHEC East Greater Houston Region. Houston, TX.

Peterson, N. Taking care of ME ... Taking care of YOU. (10/2020). Texas Women's University. Houston, TX.

Peterson, N. (Monthly ongoing 2020 - 2021). Homeopathy Care in Acute Cases.

Homeopathy Study Group, Houston, Texas.

Peterson, N. 03/2021) Resilience through Self-Care ( for the Nursing Student) – Texas Women's University. Houston, TX.

Peterson N. (7/2021). Resilience Through Self-Care. SHPEP Summer Enrichment Program. Houston, TX.

Peterson N. (10/2021). Compassionate Self-Care for the Nursing Student. Texas Women's University. Houston, TX.

Peterson, N. (Monthly ongoing 2020 - 2021). Homeopathy and Stress. Homeopathy Study Group, Houston, TX.

#### PROFESSIONAL SERVICE

##### Professional Memberships

|   |          |              |                |
|---|----------|--------------|----------------|
| Oncology Nursing Society (past member)        | National | Member       | 1998 – 2010    |
| American Holistic Nurses Association          | National | Member       | 2000 – 2006    |
| National Homeopathy Association               | National | Member       | 2016 – Present |
| TX. Area Health Education Centers East (AHEC) | Houston  | Board Member | 2016 – Present |
| Homeopathic Nurses Association                | National | Board Member | 2018 - Present |
| Texas Homeopathy Association                  | Texas    | Board Member | 2019 – Present |

##### List of Project/Thesis/Dissertation Advisees

U.T. School of Public Health/ U.T. School of Nursing. Complementary Therapy Programs in a Wellness Resource Center of a Cancer Institute: Participant Characteristics and Reported Satisfaction. (thesis) MPH/MSN, December 2000, P.I.