

Padmavathy Ramaswamy, PhD, MPH, RN, FNP-C

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EDUCATION	INSTITUTION/LOCATION	DATE
PhD	Cizik School of Nursing, UTHealth Science Center, Houston, Texas	08/2015 – 12/2019
Certificate – Applied Health Informatics	School of Biomedical Informatics, UT Health Science Center, Houston, TX	08/2012 – 8/2013
MSN	East Tennessee State University	07/1998-12/1999
Master of Public Health	East Tennessee State University	01/1997 – 12/1998
BSN	Armed Forces Medical College, India	07/1987 – 07/1991

LICENSURE	STATE	STATUS
Advanced Practice Nurse	TX	Active
Registered Nurse	TX	Active
Advanced Practice Nurse	KY	Inactive
Registered Nurse	KY	Inactive
Advanced Practice Nurse	TN	Inactive
Registered Nurse	TN	Inactive
Registered Nurse/Midwife	Maharashtra, India	Inactive

CERTIFICATIONS	CERTIFYING BODY/INSTITUTION	STATUS
FNP-C	ANCC	2004 – present
BLS	American Heart Association	1997 - present

PROFESSIONAL EXPERIENCE

INSTITUTION	POSITION TITLE	DATES
University of Texas HSC – CSON	Assistant Professor	2020 - present
University of Texas HSC – CSON	Instructor of Clinical Nursing	2016–2019
Student Health Services, U of H	Family Nurse Practitioner	2018-present
Legacy community health services	Family Nurse Practitioner	2012 - 2016
Sealy Urgent Care and Medical Clinic	Family Nurse Practitioner	2006 – 2012
Hillcroft Physicians	Family Nurse Practitioner	2004 – 2006
HealthPoint Family Care, KY	Family Nurse Practitioner	2001 – 2004
Richmond Medical Center, KY	Family Nurse Practitioner	2000 – 2001
East Tennessee State University, TN	Registered Nurse	1997 – 1999

INTERNATIONAL EXPERIENCE

Military Hospital, Madras	Registered Nurse/Midwife	1991 - 1996
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HONORS, AWARDS AND SCHOLARSHIPS

1. Sigma Theta Tau International PhD Award	2016
2. Induction into Zeta Pi Chapter of Sigma Theta Tau International	2016
3. Dean's Excellence PhD scholarship School of Nursing, UTHealth Science Center, Houston, TX	2015
4. Normal P. Barker Memorial Scholarship School of Nursing, East Tennessee State University, Johnson City, TN	1998
5. Outstanding Academic Achievement Award Winner East Tennessee State University, Johnson City, TN	1998-1999
6. Outstanding Academic Achievement Award Winner East Tennessee State University, Johnson City, TN	1997-1998
7. Prime Project Grant at the Veterans Affairs Medical Center Mountain Home, Tennessee	1999

Grants:

1. Health policy decision-making for vulnerable populations during the COVID-19 Pandemic: An interprofessional virtual simulation, University of Texas Kenneth I. Shine Academy of Health Science Education, Co-Investigator, (PI, R. Jantea), \$ 5000, 2020-2022.
2. An AI-powered chatbot for supporting the medication information needs of older adults, Rice University and UTHealth Cizik School of Nursing IoT and Aging in Place joint seed grant program, Co-Investigator, (PI, K. Roberts), \$30,000, 2020 – 2021.

POSTERS/PRESENTATIONS/PUBLICATIONS

Presentations:

1. **Ramaswamy, P.** (2020). Vaping: A public Health crisis. Virtual presentation at Texas Nurse Practitioners 32nd Annual conference held September 25-27, 2020
2. **Ramaswamy, P.** (2020). Intimate partner violence. Virtual presentation at IANAGH, APN week celebration and educational seminar held October 24, 2020.
3. **Ramaswamy, P.**, Santa Maria, D., Myneni, S., & Johnson C. (2019). MHealth usage and Acceptance among South Asian Adults in the US. Virtual presentation at Society for Applied Anthropology annual conference held March 18, 2020.
4. **Ramaswamy, P.** (2020). Nurses vs. Covid-1: A global overview. Webinar organized by Medcover hospital India held April 23, 2020.

Posters:

1. **Ramaswamy, P.**, Santa Maria, D., Myneni, S., & Johnson, C. (2019). mHealth Acceptance and Usage among South Asian Adults in U.S. Poster session presented at Sigma Theta Tau's 30th International Nursing Research Congress held July 25-29, 2019 in Calgary, Alberta, Canada.
2. **Ramaswamy, P.** (2019). Barriers and Facilitators to App and Wearable Use among Adults with Diabetes and Heart Disease: A Systematic Review, at the Harris Health System 2019 INSPIRE Nursing Symposium held April 26, 2019 in Houston, TX.
3. **Ramaswamy, P.**, Joseph, N.M., & Wang, J. (2017). Health beliefs regarding cardiovascular disease risk and risk reduction: An integrative review. Poster session presented at the Clinical Excellence Conference of National Association of Indian Nurses of America (NAINA), December, 2017.
4. Joseph, N.M., **Ramaswamy, P.**, & Wang, J. (2017). Cultural factors associated with physical activity among U.S. adults: An integrative review. Poster session presented at the Clinical Excellence Conference of National Association of Indian Nurses of America (NAINA), December 2017.

Publications:

1. Jiwani, R., Wang, J., Berndt, A., **Ramaswamy, P.**, Mathew Joseph, N., Du, Y., Ko, J., & Espinoza, S. (2020). Changes in patient-reported outcome measures with a technology-supported behavioral lifestyle intervention among patients with type 2 diabetes: Pilot randomized controlled clinical trial. *JMIR Diabetes*, 5(3):e19268. doi: [10.2196/19268](https://doi.org/10.2196/19268)
2. **Ramaswamy, P.**, Joseph, N.M., & Wang, J. (2019). *Health beliefs regarding cardiovascular disease risk and risk reduction in South Asian immigrants: An integrative review. Journal of Transcultural Nursing*, 00(0), 1-11. Published online <https://journals.sagepub.com/doi/10.1177/1043659619839114>
3. Joseph, N.M., **Ramaswamy, P.**, & Wang, J. (2018). Cultural factors associated with physical activity among U.S. adults: An integrative review. *Applied Nursing Research*, 42, 98-110

Peer Reviewed Published Abstracts:

1. Joseph, N.M., Misra, R., Wang, J., Cron, S., & **Ramaswamy, P.** (2018). *Mediating role of acculturation and lifestyle behaviors on cardiometabolic risks among Asian Indians in the United States*, Diabetes (New York, N.Y.) 67. Supplement 1 (2018): 247-. Web.

PROFESSIONAL MEMBERSHIPS

- American Association of Nurse Practitioners - member 2019 – present
- Indian American Nurses' Association of Greater Houston - member 2016 – present
- National Association of Indian Nurses of America – member 2008 - present
- Sigma Theta Tau International – Zeta Pi chapter – member 2016 - present
- Houston Area Nurse Practitioners (HANP) member 2004 – present
- American Nurses' Association – member 2014 – present
- Phi Kappa Phi Honor Society – member 1997-1999

ACADEMIC/PROFESSIONAL CONTRIBUTIONS

- Health Educator Fellowship Program participant (2019 – 2021)
- Member of IPE Executive Council (2020 – present)
- Masters' council member – UTHSC Houston Cizik School of Nursing
- Counselor (Elected) – STTI Zeta Pi Chapter (2020 – 2022)
- Preceptor for Nurse Practitioner and PA students
- Member, Faculty Life Council
- Academic advisor for Nurse Practitioner (MSN) students and DNP students
- Semifinalist team in global health hackathon at TMCx conducted by Baylor College of Medicine (2017)
- Member of winning team – global health hackathon at STTI international congress (2018)

COURSES TAUGHT (PRESENT TO PAST)

1. Nursing Research and Epidemiology for Evidence-Based Practice (MSN and BSN-DNP)– Assistant Instructor
2. Evaluation and Application of Research (didactic) – Assistant Instructor (3 credit hours)
3. Family Nurse Practitioner II (didactic) – Co-lead (3 credit hours)
4. Family Nurse Practitioner I, II and preceptorship- Clinical instructor (2-6 credit hours)
5. Applied Health informatics for RN-BSN students (3 credit hours)
6. Advanced Practice role in population health (3 credit hours)
7. Advanced physical exam and differential diagnosis – practicum (2 credit hours)
8. Simulation for Nurse Practitioner students
9. Interprofessional education in collaboration with various UTHealth schools including McGovern School of Medicine, School of Public Health, School of Dentistry, School of Biomedical informatics and Cizik School of Nursing.