

What should I do if I get COVID-19?



Frequently Asked Questions:

Will my housing provider force me to quarantine? Can I be removed from housing because of my COVID-19 status?

No, it is illegal to discriminate against someone due to disability which may include COVID-19.

Am I legally required to tell my housing provider my COVID-19 status?

No, you are not legally required to disclose health information to your housing provider.

Will my housing provider share my COVID-19 status with other residents?

No, health information is protected and will remain confidential.

How will informing my housing provider stop the spread of COVID-19?

Without disclosing your status, the housing provider may tell residents that a resident was diagnosed with COVID-19 so that they can monitor signs and symptoms. They will also put additional cleaning and safety precautions in place.

What are the benefits of telling my housing provider my COVID-19 status?

Your housing provider may have resources that they will be share including cleaning supplies and food for those who need it. If they do not know about your status, they will be unable to provide assistance.

What to do if you receive a positive COVID-19 test?

Try to stay home. Do not go to work, school, or public areas. Wash your hands often and use hand sanitizer if you're unable to your wash hands. Avoid close contact with other people when possible, even in your home. If you can stay in a separate room from other members of your family who are not positive for Covid-19, that is the safest. If not, do the best you can to separate yourself even when in the same room as your family. You can do this a few easy ways: sitting 6 feet apart from others when possible, wearing a mask inside when around your non-sick family members, covering your cough or sneezes with tissues, and cleaning and disinfecting surfaces frequently. Try ventilating your room by opening a window. Monitor your symptoms and call 911 if your symptoms are worsening and it is becoming difficult to breathe.

Visit [TakeCareTexas.Org](https://www.TakeCareTexas.Org) to find free COVID-19 testing sites near you.