

# 5 THINGS EVERY

# STROKE HERO

## SHOULD KNOW!

### 1 Even **SUPERHEROES** are in **DANGER**

#### STROKE RISK

increases with age, but young adults, children, and even unborn babies can suffer strokes. If one of your parents had an ischemic stroke before 65, you are at **3X THE RISK** of suffering one yourself.



### 3 **STROKE** targets by **ETHNICITY**

**AFRICAN-AMERICANS** have nearly **2x the risk** for a first-ever stroke as whites.



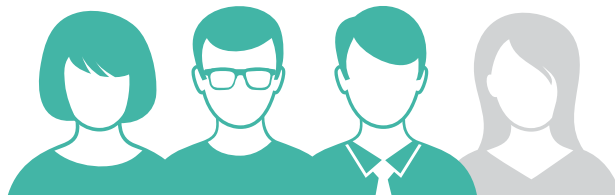
### 4 **STROKE** is largely **TREATABLE**.

Clot-busting drugs and medical devices have made stroke largely treatable, but every second counts. The faster you are treated, the more likely you are to **recover without permanent disability**.



### 2 **HIGH** blood pressure is stroke's public **ENEMY #1**.

**3 OUT OF 4 PEOPLE** who suffer first strokes have high blood pressure.



### 5 **FRIENDS** usually **SAVE** friends from **STROKE**



Learn to recognize the warning signs of stroke.

<b>F</b>	<b>A</b>	<b>S</b>	<b>T</b>
FACE DROOPING	ARM WEAKNESS	SPEECH DIFFICULTY	TIME TO CALL 911

Become a **STROKE HERO** and help save lives at [StrokeAssociation.org/StrokeHero](https://StrokeAssociation.org/StrokeHero)